

## Antigen-specific lymphocyte proliferation as a marker of immune response in guinea pigs with sustained *Helicobacter pylori* infection\*

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*Helicobacter pylori* (*H. pylori*) bacteria are human pathogens causing symptomatic gastritis, peptic ulcer or gastric cancer. Little is known about the kinetics of immune responses in *H. pylori* infected patients because the initial moment of infection has not been identified. Various animal models are used to investigate the immune processes related to *H. pylori* infection. In this study we checked whether *H. pylori* infection in guinea pigs, mimicking natural *H. pylori* infection in humans, resulted in the development of specific immune responses to *H. pylori* antigens by measuring the proliferation of lymphocytes localized in mesenteric lymph nodes, spleen and peripheral blood. The maturity of macrophages and cytokines, delivered by monocyte-macrophage lineage or lymphocytes, were considered as mediators, which might influence the lymphocyte blastogenic response. The obtained results showed the activation of T cells localized in mesenteric lymph nodes by *H. pylori* antigens in *H. pylori* infected guinea pigs four weeks postinfection. The blastogenic activity of lymphocytes was shaped by their interaction with antigen presenting cells, which were present in the cell cultures during the whole culture period. Moreover, the balance between cytokines derived from adherent leukocytes including interleukin 8 — IL-8 as well as interferon gamma — IFN- $\gamma$ , and transforming growth factor beta — TGF- $\beta$  delivered by lymphocytes, was probably important for the successful proliferation of lymphocytes. The *H. pylori* specific lymphocytes were not propagated in peripheral blood and spleen of *H. pylori* infected animals. The modulation of immunocompetent cells by *H. pylori* antigens or their different distribution cannot be excluded.

**Key words:** *Helicobacter pylori*, T cells, proliferation, guinea pigs

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### INTRODUCTION

Persistent colonization of human gastric mucosa by *Helicobacter pylori* (*H. pylori*) Gram-negative bacteria initiates a chronic gastritis (Warren & Marshall, 1993). In about 80% of patients these bacteria do not cause clinical symptoms and the infection may persist for decades causing no harm to the host. Approximately 10–20% of infected individuals will suffer due to hyperacidity and may also develop gastric or duodenal ulcers. About 1%

of infected patients will develop gastric cancer. These complications depend on the *H. pylori* strain but also on the individual susceptibility to infection related to immune responses against *H. pylori* pathogens (Portal-Celhay & Perez-Perez, 2006). Clinical manifestation of *H. pylori* infections results from multiple gastrointestinal responses to various bacterial products, including the reactions of both epithelial cells and the cells of immune system. However, the nature and the consequences of interactions between *H. pylori* factors, and host cells promoting persistent colonization are not well understood. *H. pylori* infections result in a T helper 1 (Th1) predominant host immune response in the gastric mucosa, which is characterized by the induction of interferon gamma (IFN- $\gamma$ ) and elevated levels of other proinflammatory cytokines such as interleukin 12 (IL-12), IL-18 and tumor necrosis factor alpha (TNF- $\alpha$ ) (Tummala *et al.*, 2004). The immune and inflammatory responses in *H. pylori* infected subjects are also related to IL-1 $\beta$  production. This cytokine is a powerful inhibitor of gastric acid secretion, which is crucial for amplifying the inflammatory response to *H. pylori* infection (Noach *et al.*, 1994), and plays an important role as a T cell signalling molecule.

The priming of the immune response to *H. pylori* may take place in lamina propria, infiltrated by antigen presenting cells, monocytes, macrophages and dendritic cells. Gastric epithelial cells, which up-regulate the expression of the major histocompatibility complex (MHC) class II and costimulatory molecules during *H. pylori* infection, may enhance antigen presentation. Alternatively, immune priming may occur within lymph nodes draining the stomach, or at intestinal sites, in response to *H. py-*

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**Abbreviations:** APAAP, alkaline phosphatase — anti-alkaline phosphatase; CFU, colony forming units; cRPMI, complete RPMI-1640 culture medium; CagA, cytotoxin associated gene A antigen; dGE, denatured glycine acid extract; DMSO, dimethyl sulfoxide; EDTA, ethylenediaminetetraacetic acid; FCS, fetal calf serum; FITC, fluorescein isothiocyanate; GE, glycine acid extract; *H. pylori*, *Helicobacter pylori*; HLO, *Helicobacter*-like organisms; IFN- $\gamma$ , interferon gamma; IL, interleukin; LPS, lipopolysaccharide; MHC, major histocompatibility complex; nGE, native glycine acid extract; TNF- $\alpha$ , tumor necrosis factor alpha; PRR, pathogen recognition receptors; PBS, phosphate buffered saline; PHA, phytohaemagglutinin; RT-PCR, reverse transcription polymerase chain reaction; NaCl, sodium chloride; SD, standard deviation; SI, stimulation index; Th1, T helper 1; tMLNL, total mesenteric lymph node leukocytes; tPBML, total peripheral blood mononuclear leukocytes; TBS, Tris-buffered saline; TGF- $\beta$ , transforming growth factor beta; VacA, vacuolating cytotoxin.

*lori* antigens and intact organisms that are shed from the stomach surface (Algood & Cover, 2006).

To a certain degree, the outcome of *H. pylori* infections depends on the ability of the cells to proliferate in response to *H. pylori* antigens. A number of *H. pylori* compounds appear to reduce recognition of *H. pylori* antigens by the host immune cells, or affect their viability, by the induction of apoptosis or cell cycle arrest. It was shown that negative immunomodulatory activity could be related to the *H. pylori* vacuolating cytotoxin (VacA), the cytotoxin associated gene A (CagA) antigen, and the lipopolysaccharide (LPS) (Paziak-Domanska *et al.*, 2000; Sundrud *et al.*, 2004; Torres *et al.*, 2007; Grębowska *et al.*, 2010). In humans, the inhibition of lymphocyte blastogenic response, in the milieu of *H. pylori* antigens, could be followed by diminished expansion of antigen specific T lymphocytes, and thus, ineffective elimination of these pathogens (Paziak-Domańska *et al.*, 2000; Grębowska *et al.*, 2010). If so, the ability of the immune cells to respond to *H. pylori* antigens by proliferation could be an important marker of the development of specific immune responses to ongoing infection, and distribution of antigen-specific lymphocytes. It can allow predicting an effector potential of immunocompetent cells.

The condition of macrophages and dendritic cells, as antigen presenting cells, infiltrating the inflammatory milieu in lamina propria, or in mesenteric lymph nodes, is important for successful recognition of *H. pylori* antigens by T and B lymphocytes. This process is influenced by various soluble mediators, mainly cytokines. Little is known about the kinetics of immune responses in patients infected with *H. pylori* because the moment of initiation of infection has not been identified. Various animal models are used to test the immune processes related to *H. pylori* infections. In this study we checked whether oral infection of guinea pigs with *H. pylori*, mimicking natural *H. pylori* infection in humans, resulted in the development of specific immune responses to *H. pylori* antigens by measuring the proliferation of mesenteric lymph nodes, spleen and peripheral blood lymphocytes. The maturity of macrophages and the milieu of cytokines delivered by the cells of monocyte-macrophage lineage such as IL-1 $\beta$  and IL-8 or by the lymphocytes: IFN- $\gamma$  and transforming growth factor beta — TGF- $\beta$

were taken into consideration as important factors, which might influence the lymphocyte blastogenic response.

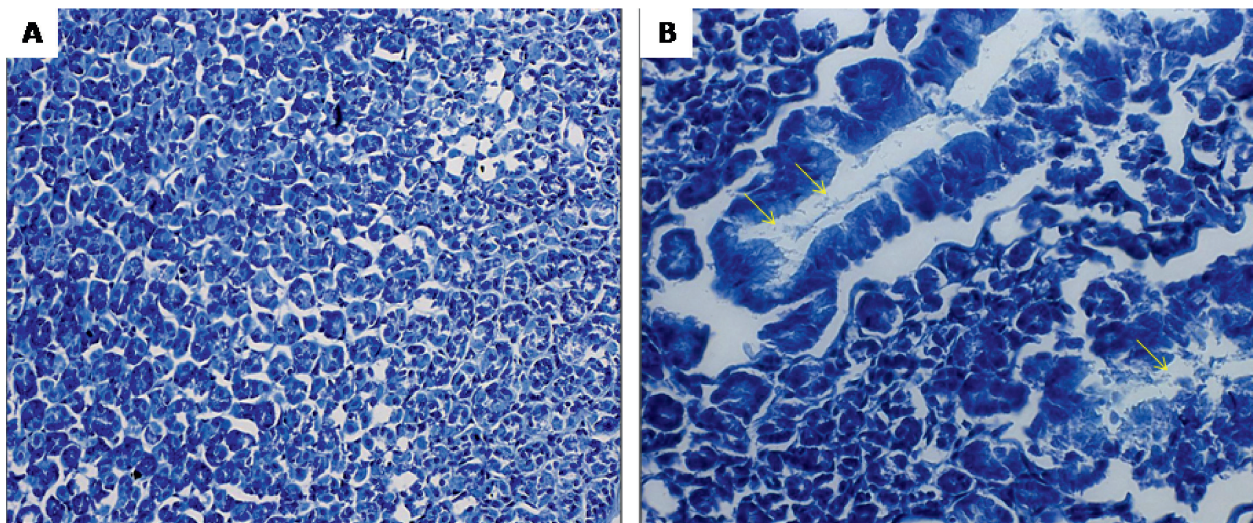
## MATERIALS AND METHODS

**Animals.** For the experiments, adult, three-month-old, 400–600 g of weight male Himalayan guinea pigs were used. Animals were bred in the Animal House of the University of Łódź, (Poland), kept in cages with free access to drinking water and fed with standard chow. All animal experiments were approved by the Local Ethics Committee LKB9 (Decision ŁB 646/2012).

**Bacteria.** *Helicobacter pylori* reference strain CCUG 17874, positive for VacA and CagA was obtained from the Culture Collection, University of Gothenburg (Gothenburg, Sweden). *H. pylori* bacteria were stored at  $-80^{\circ}\text{C}$  in Tris-buffered saline (TBS) containing 10% glycerol. Before being used in the experiments *H. pylori* bacteria were grown for 5 days on modified *Helicobacter* agar (Becton Dickinson, Heidelberg, Germany) in microaerophilic conditions (Gas Pak, Becton Dickinson, Heidelberg, Germany), at  $37^{\circ}\text{C}$ . The bacteria were harvested by scraping from agar plates, suspended in 0.85% sodium chloride (NaCl), pelleted by centrifugation ( $4000 \times g$ , for 15 min), and then washed twice under the same conditions. The pellet of bacteria was suspended in 0.85% NaCl to obtain the inoculum containing  $1 \times 10^{10}$  colony forming units — CFU/ml according to the McFarland scale.

***H. pylori* glycine acid extract (GE).** Surface *H. pylori* antigens were extracted from the reference *H. pylori* strain CCUG 17874 using 0.2 M glycine buffer, pH 2.2, as previously described (Rechciński *et al.*, 1997). The protein content in GE was 98.4% (NanoDrop 2000c Spectrophotometer, ThermoScientific, Wlatman, WY, USA). For experiments native GE (nGE) was used, as well as GE denaturated by heating for 30 min, at  $80^{\circ}\text{C}$  (dGE). The GE antigens were used for a further study in a protein concentration of 5  $\mu\text{g}/\text{ml}$ .

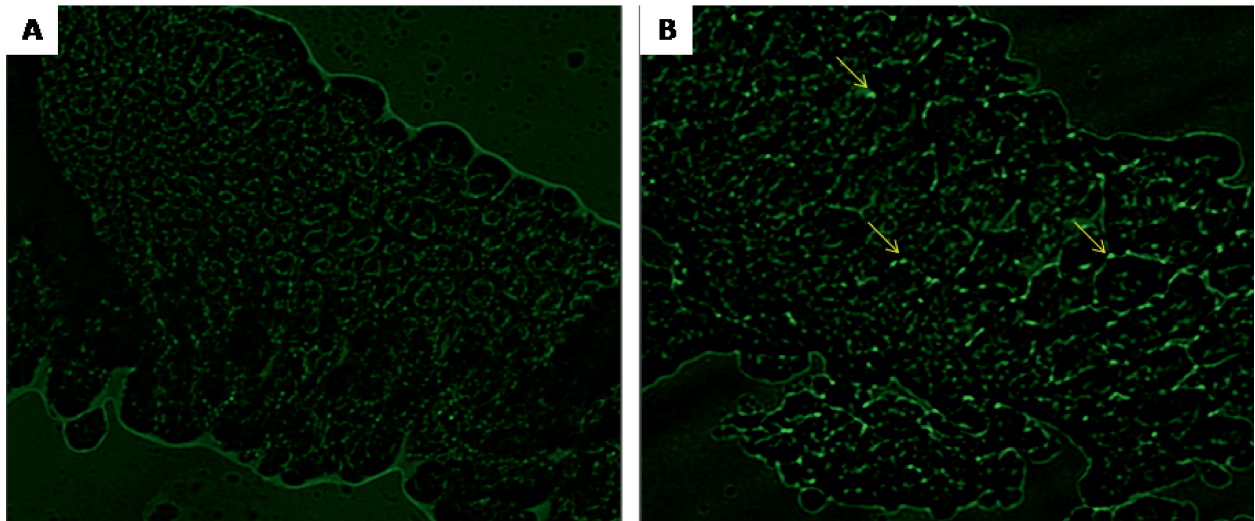
**Inoculation of guinea pigs with *H. pylori*.** The animals (8) were divided into two groups. Group 1 consisted of 4 guinea pigs, which were inoculated *per os* three times (at two-day intervals) with 1 ml of sterile 0.85% NaCl, using a feeding needle (control group). Group 2



**Figure 1.** Detection of *H. pylori* in the gastric tissues of guinea pigs.

Giemsa stained thin layer sections of the stomach tissue from *H. pylori* uninfected (A) or *H. pylori* infected animals (B) were analysed using light microscope. Arrows indicate a lumen gland filled with spiral shaped bacteria — *Helicobacter*-like organisms. (A) magnification,  $\times 100$ , (B) magnification,  $\times 1000$ .





**Figure 2.** Detection of *H. pylori* in the smears of gastric mucosa from *H. pylori* uninfected (A) or *H. pylori* infected (B) guinea pigs. Rabbit polyclonal anti-*H. pylori* antibodies FITC-conjugated were used for staining of bacteria. The cell imaging was performed using the JuLI Smart fluorescent cell analyzer (Digital Biotechnology, Boston, USA). Arrows indicate the localization of *H. pylori* rods (magnification,  $\times 1000$ ).

consisted of 4 animals, which were orally inoculated, three times (at two-day intervals), with 1 ml of freshly prepared suspension of *H. pylori* ( $10^{10}$  CFU/ml). Before administration of NaCl or *H. pylori*, the animals were given orally 1 ml of 0.2 N  $\text{NaHCO}_3$  to quickly neutralize the acidic pH of the stomach. Guinea pigs of both groups were euthanized 4 weeks after the last challenge, using diethyl ether narcosis. Peripheral blood and mesenteric lymph nodes were collected for isolation of leukocytes. The *H. pylori* infection in the guinea pigs was confirmed by detection of *Helicobacter*-like organisms (HLO) in thin layer sections of the stomach tissue, which were stained by routine histological procedure with the Giemsa stain solution and analysed according to the Sydney scale using light microscope (Fig. 1). Moreover, the presence of *H. pylori* in the gastric mucosa was confirmed by staining of mucus smears with rabbit anti-*H. pylori* antibodies conjugated with fluorescein isothiocyanate (FITC) (Fig. 2). The cell imaging was performed using JuLI Smart fluorescent cell analyzer (Digital Biotechnology, Boston, USA).

**Total peripheral blood mononuclear leukocytes (tPBML).** Peripheral blood was collected on EDTA as an anticoagulant. Mononuclear leukocytes were separated by Histopaque 1077 gradient centrifugation (Sigma St. Louis, MI, USA), and washed twice by centrifugation ( $300 \times g$ , 10 min) with complete RPMI-1640 culture medium (cRPMI) containing 10% heat-inactivated fetal calf serum, 200 mM L-glutamine, 100 units/ml of penicillin and 100  $\mu\text{g}/\text{ml}$  of streptomycin. The cell suspensions were adjusted to the density of  $5 \times 10^6$  cells/ml and used in single stage proliferation assay. The cell viability estimated by trypan blue exclusion was  $>90\%$ .

**Total mesenteric lymph node leukocytes (tMLNL).** Mesenteric lymph nodes were removed from euthanized guinea pigs and homogenized in cRPMI. Homogenates were centrifuged at  $300 \times g$ , for 10 min, and washed twice. The cell pellets were suspended in cRPMI medium, adjusted to the density of  $5 \times 10^6$  cells/ml, evaluated in terms of cell viability by trypan blue exclusion ( $>90\%$ ), and used in a single stage proliferation assay.

**Spleen lymphocytes.** Isolated spleens were homogenized, and splenocytes were washed in cRPMI by cen-

trifugation ( $300 \times g$ , 10 min,  $20^\circ\text{C}$ ). The erythrocytes were lysed using a lysis buffer, and the remaining leukocytes were recovered by centrifugation. The cell viability was assessed by trypan blue exclusion, and the suspensions of splenocytes in a density of  $1 \times 10^8$  cells/ml in cRPMI were prepared. Spleen cells were enriched with T lymphocytes by passing of the splenocyte suspensions, in a volume of 1 ml ( $1 \times 10^8$  cells/ml), through nylon wool fiber columns (45 min, at  $37^\circ\text{C}$ , 5%  $\text{CO}_2$ ). The non-adherent T lymphocytes were washed out of the column with cRPMI, assessed for viability, which was  $>90\%$ , and adjusted to the density of  $2.5 \times 10^6$  cells/ml in cRPMI. For two-stage mixed cultures of spleen lymphocytes with mature bone marrow macrophages, the spleen cells were frozen in FCS/10%DMSO for 96 h, at  $-80^\circ\text{C}$ . Before being used in cell culture experiments, the splenic lymphocytes were thawed and adjusted to the density of  $2.5 \times 10^6$  viable cells/ml in cRPMI.

**Bone marrow-derived macrophages.** Bone marrow macrophages were isolated to cRPMI medium from tibias and femurs, washed twice, and pelleted by centrifugation. The bone marrow cells were suspended in 1 ml of cRPMI and attached to the cell culture Petri dishes for 1 h,  $37^\circ\text{C}$ , 5%  $\text{CO}_2$ . Non-adherent cells were washed out, and non mature macrophages were detached for 10 min,  $37^\circ\text{C}$ , 5%  $\text{CO}_2$ , with phosphate buffered saline (PBS) without  $\text{Ca}^{2+}$  and  $\text{Mg}^{2+}$ , containing 0.5 mM EDTA. After washing twice, fresh macrophages were adjusted to the density of  $5 \times 10^5$  cells/ml in cRPMI and used for further experiments. For some experiments, adherent fresh macrophages, in 200  $\mu\text{l}$  of cRPMI/well, were allowed to mature for 5 days with half a volume of cRPMI exchange on the 3<sup>rd</sup> day of the incubation time.

**Single-stage cultures of tPBML or tMLNL.** The tPBML or tMLNL ( $5 \times 10^6$  cells/ml) whole leukocyte populations, which were distributed in 96-well microplates (100  $\mu\text{l}/\text{well}$ ), were stimulated for 72 h ( $37^\circ\text{C}$ , 5%  $\text{CO}_2$ ) with 5  $\mu\text{g}/\text{ml}$  of *H. pylori* GE, nGE or dGE, or 2  $\mu\text{g}/\text{ml}$  phytohaemagglutinin — PHA (Sigma, St. Louis, USA), as a positive control for the lymphocyte proliferation. The experiments were performed in triplicate in cRPMI medium. In some experiments the modulation of PHA-driven proliferation of lymphocytes by *H. py-*

*lori* GE antigens was investigated. For this purpose the tMLNL ( $5 \times 10^6$  cells/ml) population was cultured for 72 h with no stimuli PHA alone or with PHA (2  $\mu\text{g/ml}$ ) and a bacterial stimulant: *H. pylori* nGE or dGE (5  $\mu\text{g/ml}$ ). At 18 h before the end of culture, 1  $\mu\text{Ci}$  of [ $^3\text{H}$ ]-thymidine was added to each well to estimate cell proliferation. All cell cultures were settled in triplicate.

**Two-stage mixed cultures of immature or mature bone marrow macrophages with autologous spleen lymphocytes.** Two-stage cultures containing immature bone marrow macrophages and autologous T lymphocytes from the spleen were prepared according to the following procedure: the immature macrophages ( $5 \times 10^5$  cells/ml), distributed into 96 well plates (100  $\mu\text{l/well}$ ) were stimulated for 2 h (37°C, 5%  $\text{CO}_2$ ) with 5  $\mu\text{g/ml}$  of nGE or dGE, or left unstimulated (cRPMI alone). The stimuli were washed out from immature macrophages and supplemented with freshly isolated autologous spleen T lymphocytes ( $2.5 \times 10^6$  cells/ml) in the ratio of 1:5. The cultures were supplemented with 100  $\mu\text{l}$  of cRPMI or 2  $\mu\text{g/ml}$  PHA and incubated for further 72 h, at 37°C, 5%  $\text{CO}_2$ . At 18 h before the end of culture, 1  $\mu\text{Ci}$  of [ $^3\text{H}$ ]-thymidine was added to each well to estimate cell proliferation. The preparation of two-stage cultures of mature bone marrow macrophages and autologous T lymphocytes isolated from the spleen involved two stages. First, the monolayers of mature macrophages (incubated for 5 days in cRPMI with addition of 50 nM  $\beta$ -mercaptoethanol, 37°C, 5%  $\text{CO}_2$ ), as described above, were washed out and stimulated for 2 h (37°C, 5%  $\text{CO}_2$ ) with nGE or dGE (5  $\mu\text{g/ml}$ ), or supplemented with 100  $\mu\text{l}$  of cRPMI (control). Then, macrophages were washed out and the autologous, spleen T lymphocytes (100  $\mu\text{l/well}$ ) were added to the cells at the concentration of  $2.5 \times 10^6$  cells/ml of viable cells. The wells were supplemented with 100  $\mu\text{l}$  cRPMI or PHA (2  $\mu\text{g/ml}$ ) and incubated for further 72 h. At 18 h before the end of culture, 1  $\mu\text{Ci}$  of [ $^3\text{H}$ ]-thymidine was added to each well to estimate cell proliferation. All cell cultures were settled in triplicate.

**Cell proliferation.** The incorporation of thymidine was measured using a microbeta scintillation counter after harvesting the cells on fibre filters. All cultures were settled in 3 repeats. The results were expressed as mean cpm/culture  $\pm$  standard deviation (S.D.). The stimulation index (SI), expressing the relative cpm ratio, was calculated by dividing the cpm counts/min obtained for the cell cultures with a stimulant by the cpm counts/min for the cell cultures without a stimulant. The SI values greater than or equal to 1.5 were considered as a positive result in the proliferation assay.

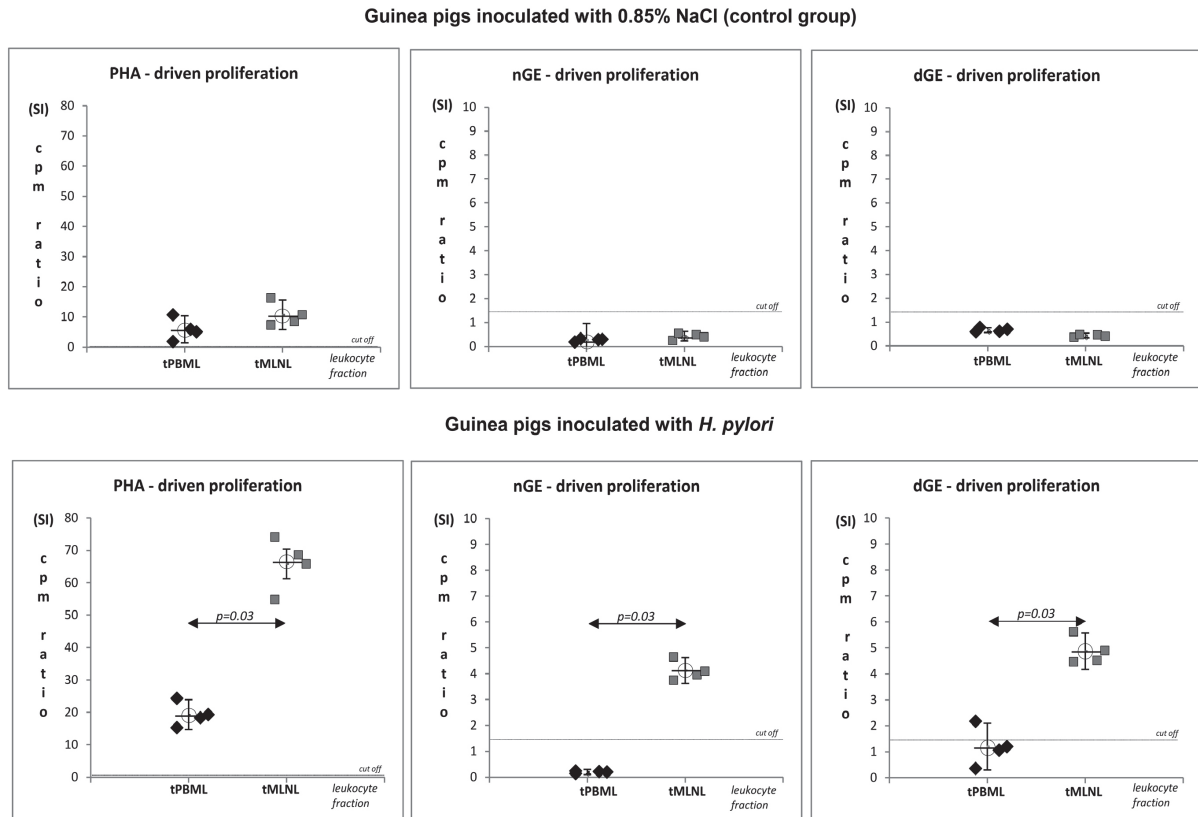
**Phenotyping of proliferating lymphocytes.** To assess the distribution of proliferating immune cell subsets, cytospin preparations of the cells from cell cultures *in vitro* were made. The cells attached to the slides were incubated for 30 min with mouse monoclonal primary guinea pig-specific antibodies: anti-CD3 (IgG1, clone CT5), anti-CD4 (IgG1, clone CT7), anti-CD8 (IgG1, clone CT6) and anti-B (IgG1, clone MsGp10) (AbD Serotec, Oxford, UK). To detect the binding of primary mouse antibodies, Alkaline Phosphatase — Anti-Alkaline Phosphatase (APAAP), Dako Real™ Detection System, was used as recommended by the manufacturer (DAKO, Glostrup, Denmark). The percentage of the cells with a specific phenotype was evaluated by four independent experiments, using a light microscope.

**mRNA levels for cytokine evaluation.** tMLNL ( $5 \times 10^6$  cells/ml) whole leukocyte populations, distributed to 96-well microplates (100  $\mu\text{l/well}$ ), were stimulated for 72 h (37°C, 5%  $\text{CO}_2$ ) with 5  $\mu\text{g/ml}$  *H. pylori* GE, 2  $\mu\text{g/ml}$  PHA, or left unstimulated in cRPMI. The Reverse Transcription Polymerase Chain Reaction (RT-PCR) was used to detect mRNA in adherent cells, encoding IL-1 $\beta$  and IL-8, and TGF- $\beta$  as well as IFN- $\gamma$  in nonadherent leukocytes. Total RNA was extracted from adherent and nonadherent leukocytes using SV Total RNA Isolation System (Promega Corporation, Madison, USA) following the manufacturer's protocol. The RNA samples were purified with Amplification Grade I Deoxyribonuclease (Sigma, St. Louis, USA) and stored at -80°C in sterile, nuclease free water. Purified total RNAs (0.005  $\mu\text{g/ml}$ ) were reverse-transcribed into cDNA according to the manual of the Enhanced Avian HS RT-PCR kit (Sigma, St. Louis, USA). The reaction was carried out in the presence of enhanced avian reverse transcriptase, at 42°C for 50 min. PCR was performed using the mixture of equivalent amounts of cDNA of each sample (5  $\mu\text{l}$ ), sets of primers for guinea pig IL-1 $\beta$ , IL-8, TGF- $\beta$  and IFN- $\gamma$  (Table 1).  $\beta$ -actin was used as a positive and internal control for RT-PCR. Reverse transcriptase-negative controls were used to ensure that PCR amplification of cDNA was not a result of contamination with genomic DNA. Amplified products were electrophoresed on ethidium bromide-stained gels and visualized by UV illumination.

**Statistical analysis.** The Statistica 10 PL software with non-parametric tests was used: the Mann-Whitney U test (for unpaired data) to verify the hypothesis that two compared samples came from two statistically different populations.

**Table 1.** The sets of primers and polymerase chain reaction (PCR) conditions used for evaluation of cytokine mRNA levels, including products length.

Target	Sequences (5'-3') (F: forward, R: reverse)	Annealing temperature & number of PCR cycles	Product length
$\beta$ -actin	F, 5' 'CCAACTGGGACGACATGGAG 3' R, 5' 'CATACCCTCGTAGATGGGC 3'	55°C 35	279 bp
IL-1 $\beta$	F, 5' 'GCCAGGCAACAGCTCTC 3' R, 5' 'GGAGTCTCTACCAGCTCAACTTGG 3'	57°C 35	74 bp
IL-8	F, 5' 'GGCAGCCTTCTGCTCTCT 3' R, 5' 'CAGTCCGAGACCAACTTTGT 3'	55°C 35	67 bp
TGF- $\beta$	F, 5' 'CATCGATATGGAGCTGGTGAAG 3' R, 5' 'GCCGTAATTTGGACAGGATCTG 3'	54°C 35	71 bp
IFN- $\gamma$	F, 5' 'ATTTCCGGTCAATGACGAGCAT 3' R, 5' 'GTTTCTCTGGTTCCGGTGACA 3'	54°C 35	88 bp



**Figure 3.** *H. pylori* antigen-driven proliferative response of lymphocytes in single-stage cultures of total mesenteric lymph node leukocytes (tMLNL) and total peripheral blood mononuclear leukocytes (tPBML).

Non-separated MLNL and PBML were incubated for 72 h in the presence of *H. pylori* antigens, present in the glycine acid extract (GE), or phytohaemagglutinin (PHA). The proliferating activity of lymphocytes was evaluated on the basis of [ $^3$ H]-thymidine incorporation. The stimulating index (SI) was calculated by dividing the radioactivity counts (cpm) for the cell cultures in the presence of a stimulus by the counts for control cell cultures in RPMI-1640 alone. Shown are SI  $\pm$  S.D.

## RESULTS

### The level of *H. pylori*-driven proliferative response of lymphocytes in single-stage cultures of tMLNL and tPBML

Data in Fig. 3 show that lymphocytes present in total fractions of MLNL and PBML, isolated from *H. pylori* uninfected and *H. pylori* infected guinea pigs, responded effectively with proliferation in the milieu of PHA. The lymphocytes from animals infected with *H. pylori* responded to PHA to a higher level than the cells of control animals. In contrast to PHA, *H. pylori* GE, native or denatured, did not stimulate blastogenic response of lymphocytes present in the tPBML fraction of both control and *H. pylori* infected animals. By comparison, the lymphocytes present in the tMLNL fraction of *H. pylori* infected, but not control animals, proliferated successfully in response to native as well as denatured *H. pylori* GE. The response to dGE was stronger than to nGE. The denatured form of *H. pylori* GE had no significant influence on PHA-driven proliferative response of lymphocytes present in the tMLNL fraction of control and *H. pylori* infected animals (Fig. 4). In the milieu of dGE, where the lymphocytes proliferated intensively, the percentage of T lymphocytes was about 22 times higher than the percentage of B lymphocytes. Moreover, CD4<sup>+</sup>

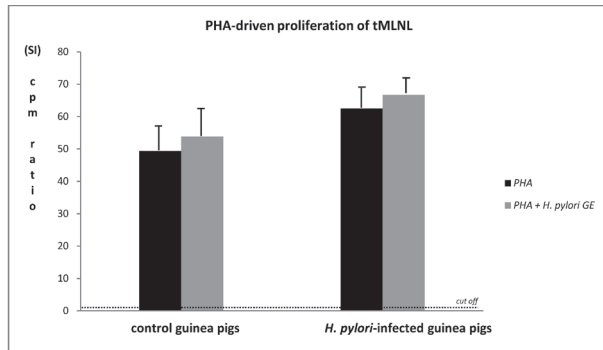
T lymphocytes exceeded 19 times the percentage of CD8<sup>+</sup> lymphocytes.

### Cytokine milieu in relation to *H. pylori*-driven proliferation of lymphocytes in single-stage cultures of tMLNL

Since cytokines produced by accessory cells and lymphocytes might affect lymphocyte proliferation in the cultures containing non-separated leukocytes of mesenteric lymph nodes, after 72 h stimulation of the cells in the presence or absence of PHA, nGE or dGE, we estimated mRNA levels of monocyte derived cytokines (IL-8 and IL-1 $\beta$ ) as well as lymphocyte derived cytokines (IFN- $\gamma$  and TGF- $\beta$ ).

Data in Fig. 5 show the presence of IL-8 mRNA (67 bp product) in the cultures of monocytes, non-stimulated or preincubated *in vitro* with PHA, *H. pylori* nGE as well as dGE, which were present in mesenteric lymph nodes of control and *H. pylori* infected animal. The mRNA for IL-1 $\beta$  (74 bp product) was detected in monocytes isolated from guinea pigs uninfected with *H. pylori*, in the cell cultures supplemented with *H. pylori* GEs as well as with PHA, but not in the milieu of RPMI-1640 alone. In contrast, mesenteric lymph node monocytes of *H. pylori* infected guinea pigs did not express mRNA for IL-1 $\beta$  in any combination of cell cultures. The mRNA for lymphocyte-derived cytokines such as IFN- $\gamma$  (88 bp prod-





**Figure 4.** PHA-driven proliferation of lymphocytes present in the total mesenteric lymph node leukocyte fraction (tMLNL) in the milieu of *H. pylori* antigens.

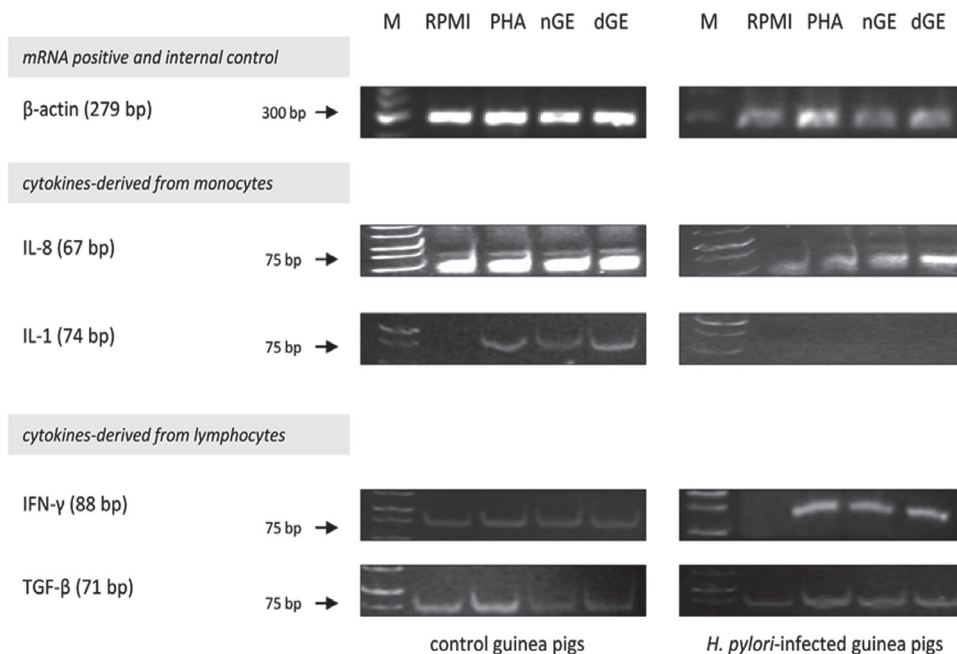
The modulation of phytohaemagglutinin (PHA)-driven proliferation of lymphocytes by *H. pylori* antigens present in the glycine acid extract, denaturated by heating (dGE), was investigated in the cell cultures of non-separated leukocytes from mesenteric lymph nodes, which were cultivated for 72 h in RPMI-1640 alone, with PHA, or with PHA and dGE. Proliferating activity of lymphocytes was evaluated on the basis of [<sup>3</sup>H]-thymidine incorporation. The results are presented as stimulating index (SI) calculated by dividing the radioactivity counts (cpm) for the cell cultures in the presence of PHA and dGE or for the cell cultures in PHA alone, by the counts for control cell cultures in RPMI-1640 alone. The results are expressed as SI±S.D. The differences between PHA and PHA + *H. pylori* GE-driven proliferation of lymphocytes from control and *H. pylori*-infected animals were not statistically significant ( $p>0.05$ ).

uct) and TGF- $\beta$  (71 bp product) was also investigated. The mRNA for TGF- $\beta$  was detected in non-adherent lymphocytes, from mesenteric lymph nodes of *H. pylori* uninfected as well as *H. pylori* infected guinea pigs, propagated *in vitro* in the presence of PHA, *H. pylori* GEs or in the milieu of RPMI-1640 alone. The mRNA for

IFN- $\gamma$  was detected in the lymphocytes of *H. pylori* uninfected guinea pigs, incubated in the RPMI-1640 alone or in such medium containing PHA or *H. pylori* GEs. By comparison, the mRNA for IFN- $\gamma$  was detected in the lymphocytes from *H. pylori* infected guinea pigs stimulated with PHA and *H. pylori* GEs but not in the milieu of RPMI-1640 alone.

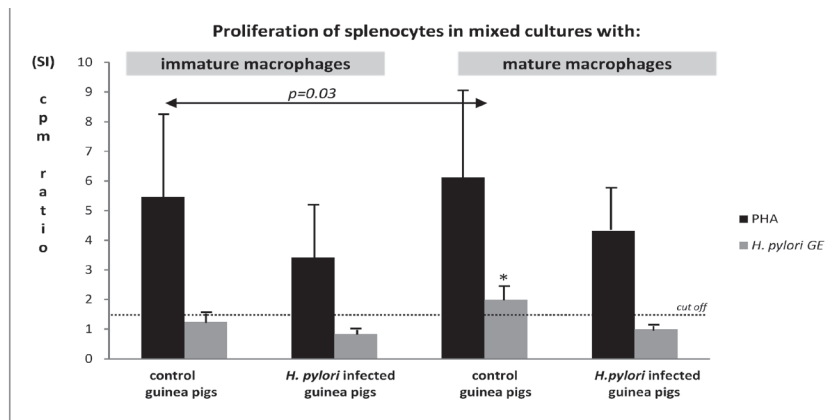
#### The level of *H. pylori*-driven proliferative response of spleen lymphocytes in two-stage cultures with immature and mature bone marrow macrophages

The lack of [<sup>3</sup>H]-thymidine incorporation into *H. pylori* GE treated tPBML shown by us in this study (Fig. 3), might suggest an inability of peripheral blood lymphocytes to respond to *H. pylori* antigens by proliferation, or the lack of *H. pylori* specific lymphocytes among circulating tPBML. This prompted us to examine whether *H. pylori* specific T lymphocytes are localized in the spleen, which in addition to the lymph nodes is an important peripheral lymphoid organ where development of adaptive immune responses takes place. This processes must be preceded by macrophage-lymphocyte interactions, necessary for successful antigen presentation. The effectiveness of processing and presentation of antigens by macrophages depends on their activity and maturation. To evaluate the role of macrophages as antigen presenting cells in this study we developed a two-step culture model for the estimation of the proliferative activity of spleen T lymphocytes utilizing monolayers of immature and mature bone marrow-derived macrophages non-pulsed, or pulsed with denaturated *H. pylori* GE antigens, and PHA. The results presented in Fig. 6 show that the splenocytes of both groups of animals proliferated in two-stage cultures with immature and mature macrophages in response to PHA, confirm-



**Figure 5.** The mRNA levels for selected cytokines.

Total fraction of mesenteric lymph node leukocytes (tMLNL) from guinea pigs, uninfected or infected with *H. pylori*, were stimulated for 72 h with *H. pylori* glycine acid extract, native (nGE) or denaturated by heating (dGE), phytohaemagglutinin (PHA) or left unstimulated (RPMI-1640 alone). Reverse Transcription Polymerase Chain Reaction (RT-PCR) was used to detect mRNA encoding cytokines derived from monocytes, such as interleukin 1 beta (IL-1 $\beta$ ) and IL-8 as well as cytokines derived from lymphocytes, including transforming growth factor beta (TGF- $\beta$ ) and interferon gamma (IFN- $\gamma$ ).  $\beta$ -actin mRNA level consisted of positive control. M — molecular standard, bp — base pairs.



**Figure 6.** The level of *H. pylori*-driven proliferative response of spleen lymphocytes in two-stage cultures with immature and mature bone marrow macrophages.

Two-stage cultures containing immature or mature (resting for 5 days in RPMI-1640 medium) bone marrow macrophages and autologous T lymphocytes from the spleen of guinea pigs uninfected or infected with *H. pylori* were prepared. The lymphocytes were added to non treated macrophages, or to macrophages pulsed for 2 h with *H. pylori* glycine acid antigens: dGE or nGE. After washing, the macrophages were co-incubated with autologous spleen T lymphocytes, in the proportion 1:5. The cell cultures were supplemented with culture medium or phytohaemagglutinin — PHA, and incubated for further 72 h. The proliferating activity of lymphocytes was evaluated on the basis of [ $^3$ H]-thymidine incorporation. Columns show main mean values  $\pm$  S.D. The stimulating index (SI) was calculated by dividing the radioactivity counts (cpm) for the cell cultures containing pulsed macrophages by the radioactivity counts for the cultures containing non-pulsed macrophages.

ing the proliferative properties of the cells, although lymphocytes of *H. pylori* infected animals proliferated to a lower extent. T cell enriched splenocytes from *H. pylori* uninfected guinea pigs slightly responded by proliferation to *H. pylori* dGE antigens (SI=1.8), presented by mature macrophages, pulsed with these antigens. However, the spleen lymphocytes of *H. pylori* infected animals did not proliferate in the presence of macrophages pulsed with *H. pylori* dGE, either immature or mature.

## DISCUSSION

The lymphocyte proliferating activity is an important indicator of their propagation during the development of adaptive immune responses against microbial pathogens. This activity also allows following the distribution of antigen-specific lymphocytes during the course of infection. On the other hand, excessive proliferation of the cells responding to *H. pylori* compounds may suggest their mutagenic properties. Changes occurring in the gastric epithelium, colonized by *H. pylori* lead to the penetration of *H. pylori* antigens across the gastric mucosa, where in the lamina propria they can be processed by macrophages *via* pathogen recognition receptors (PRR), resulting in the activation of T lymphocytes and development of both local and systemic inflammatory responses (Dubreuil *et al.*, 2002; Wessler & Backert, 2008).

The T cell proliferation and cytokine production by peripheral blood lymphocytes were considered as markers of the inflammatory responses to *H. pylori* infection in the milieu of gastric mucosa (Fan *et al.*, 1995; Chmiela *et al.*, 1996). However, it was shown that T cell responses in peripheral blood do not reflect the local processes in the gastric mucosa (Karttunen *et al.*, 1991). In the subjects with chronic *H. pylori* related gastritis, the dominant T cell response to *H. pylori*, both at the level of gastric mucosa and in circulation, was a Th1 response (Ren *et al.*, 2000).

In order to examine whether there is a link between T cell responsiveness and *H. pylori* infection, in this study we performed experiments using a guinea pig model of *H. pylori* infection, which allowed the identification of *H. pylori* specific activation of T cells. We investigated T cell proliferation and cytokine mRNA levels in the cell cultures of mesenteric lymph node lymphocytes or peripheral blood lymphocytes, isolated from *H. pylori* infected and *H. pylori* non-infected guinea pigs, in the milieu of *H. pylori* antigens, PHA or culture medium alone. The cell proliferation was also assessed in the cultures of splenocytes, which were co-cultured with immature or mature macrophages, pulsed with *H. pylori* antigens. We showed that in the mesenteric lymph nodes of guinea pigs after 4 weeks post-infection, but not in healthy animals, there were *H. pylori* specific T lymphocytes responding *in vitro* to *H. pylori* GE antigens

by proliferation. These responses were more effective to heat inactivated than native GE, which could be due to better processing and presentation of denaturated protein antigens of *H. pylori* GE. It could mimic the fate of *H. pylori* antigens in acidic environment of the stomach.

The blastogenic activity of T lymphocytes in the tMLNL fraction was shaped by their interaction with antigen presenting cells, which were present in the cell cultures during the whole experiment. Moreover, the balance between cytokines derived from adherent leukocytes, including IL-8 as well as IFN- $\gamma$  and regulatory TGF- $\beta$ , delivered by lymphocytes, was probably important for the successful proliferation of lymphocytes. In contrast, mRNA for IL-1 $\beta$  was not detected in the tMLNL isolated from *H. pylori* infected animals, in the cell cultures containing GE antigens and probably this cytokine was not crucial for the expansion of lymphocytes. Since mRNA for IL-1 $\beta$  was detected in the tMLNL from *H. pylori* uninfected guinea pig, in the cultures in the milieu of *H. pylori* GEs, it is possible that *H. pylori* infection could modulate the IL-1 $\beta$  responsiveness of the cells, or their distribution. The time of exposition to *H. pylori* antigens *in vivo* could also play a role. High levels of mucosal IL-1 $\beta$  mRNA were also observed early in the *H. pylori* infection in Mongolian gerbils, reaching maximum at 4 weeks and then rapidly declining (Yamaoka *et al.*, 2005). In the gastric mucosa of *H. pylori* infected humans IL-1 $\beta$  is also secreted. This cytokine is a powerful inhibitor of gastric acid secretion that plays an important role in initiating and amplifying the inflammatory response to *H. pylori* infection (Noach *et al.*, 1994).

In humans infected with *H. pylori*, chronic active gastritis is associated with an increased CD4/CD8 cell ratio within the gastric mucosa due to the accumulation of CD4 $^+$  T lymphocytes in the lamina propria (Portal-Celheij *et al.*, 2006). *H. pylori* infection results in a Th1 predominant host immune response in the gastric mucosa, characterized by the induction of IFN- $\gamma$  genes and elevated levels of TNF- $\alpha$  (Tumuala *et al.*, 2004). In our

study, in the cell cultures of tMLNL, in the milieu of GE, where the lymphocytes of *H. pylori* infected guinea pigs proliferated intensively, the percentage of T lymphocytes was about 22 times higher than the percentage of B lymphocytes. Moreover, CD4<sup>+</sup> T lymphocytes exceeded 19 times the percentage of CD8<sup>+</sup> lymphocytes. These results showed the domination of effector CD4<sup>+</sup> T lymphocytes in *H. pylori* infected guinea pigs, four weeks postinfection. Recently, it has been presented (Kronsteiner *et al.*, 2013) that *H. pylori* infection in a guinea pig model induced a predominant systemic Th1 response *in vivo* characterized by increased percentages of CD4<sup>+</sup> T lymphocytes expressing the Th1-associated transcription factor Tbet and elevated IFN- $\gamma$  mRNA in PBML. A transient single peak was observed at day 7 postinfection followed by a sustained increase in CD4<sup>+</sup> Tbet<sup>+</sup> cells from day 28 to day 49 postinfection in *H. pylori* infected animals. At day 28 postinfection there was a coincidence between the increase of CD4<sup>+</sup> Tbet<sup>+</sup> lymphocytes and increased transcripts of IFN- $\gamma$  mRNA in PBML cultures. A sharp increase in CD8 $\beta$ <sup>+</sup>Tbet<sup>+</sup> cells in *H. pylori* infected guinea pigs was also detected. This model showed that it is possible to measure the cellular response rates, based on the activity of peripheral blood leukocytes, but not earlier than 28 days after the *H. pylori* challenge. This is consistent with our results, indicating the lack of proliferative response of T lymphocytes specific for *H. pylori* antigens in the circulation, as well as in the spleen of *H. pylori* infected guinea pigs after 30 days postinfection. However, the differences in the appearance of immune effector cells can also be a result of a various antigenic composition of *H. pylori* strains used for inducing the infection and different susceptibility of animals. On the other hand, it is also necessary to consider the immunomodulatory properties of *H. pylori* compounds, for instance CagA antigen, VacA toxin, LPS, low molecular weight secretory protein and arginase can diminish the proliferative activity of immunocompetent cells (Paziak-Domańska *et al.*, 2000; Mahdavi *et al.*, 2002; Gebert *et al.*, 2003; Sundrud *et al.*, 2004; Zabaleta *et al.*, 2004; Gerhard *et al.*, 2005; Torres *et al.*, 2007; Grębowska *et al.*, 2008). It has been suggested that *H. pylori* has evolved a number of features to evade detection by the human immune system. Many of them involve glyco-conjugates including the LPS, the peptidoglycan layer, glycoproteins, and glycosylated cholesterol (Rubin & Trent, 2013). In contrast to immunocompetent cells, some *H. pylori* compounds may induce hyperproliferation of gastric epithelial cells including CagA protein (Munoz *et al.*, 2007). It was also shown that the immune/inflammatory response to *H. pylori* indirectly, can influence the rate of epithelial cells proliferation (Fan *et al.*, 1996).

In this study *H. pylori* GE antigens did not stimulate the propagation of lymphocytes in tPBML fraction or blastogenic response of splenocytes, isolated from *H. pylori* infected guinea pigs, co-cultured with monocytes pulsed with *H. pylori* GE antigens. However, the general proliferative properties of lymphocytes were not affected, which was shown by the lack of inhibition of PHA-driven proliferative responses of lymphocytes isolated from both *H. pylori* infected and uninfected guinea pigs, in the presence or absence of *H. pylori* antigens. Searching for the reason of diminished proliferative response of splenocytes, we thought that the maturity of monocyte-derived macrophages could be essential for the expression of their properties for antigen presentation. Therefore, in this study we used a two-stage cell culture system with immature and mature bone marrow-derived monocytes, pulsed with *H. pylori* GE anti-

gens, which were then mixed with spleen-derived lymphocytes. The proliferative responses of splenocytes from *H. pylori* infected animals were not triggered in the presence of *H. pylori* GE pulsed monocytes, both immature and mature. This might indicate the lack of antigen specific response. However, the blockage of antigen presenting function of bone marrow-derived monocytes by *H. pylori* antigens cannot be excluded. Although macrophages can initiate immune responses, they are also capable of suppressing T-cell responses. Macrophages exposed to activating agents such as mitogens, IFN- $\gamma$  and LPS can inhibit both mitogen- and antigen-specific T-cell proliferation. This inhibition can be mediated by soluble substances such as prostaglandin E<sub>2</sub>, direct cell contact with T cells, or by the induction of suppressing cytotoxic T cells (Kirschmann *et al.*, 1994; McKernan *et al.*, 1988). It was shown that *H. pylori* LPS expressed a very weak, if any, capacity to stimulate the proliferation of tPBML from dyspeptic patients (Rudnicka *et al.*, 2003). In the group of LPS responders the mature macrophages pulsed with *H. pylori* LPS were found to be a weak stimulus for autologous non-adherent lymphocytes (Grębowska *et al.*, 2010). It was also suggested that *H. pylori*-mediated disruption of phagosome maturation may affect the nature of the inflammatory immune response in the gastric mucosa and promote the long-persistence of *H. pylori* infection (Borlace *et al.*, 2012). Moreover, *H. pylori*-infected macrophages may induce the differentiation of Th17 cells, which represent a novel subset of CD4<sup>+</sup> lymphocytes associated with chronic inflammation (Zhuang *et al.*, 2011).

It is also necessary to comment on slightly enhanced proliferative activity of splenocytes isolated from *H. pylori* uninfected guinea pigs co-cultured with mature macrophages pulsed with *H. pylori* GE. This proliferative response was probably induced by crossreacting antigens. Previously, it was shown that several bacterial species for instance *Pseudomonas aeruginosa*, *Campylobacter jejuni* and *Haemophilus influenzae* may cause false-positive titres of antibody to *H. pylori* (Johansen *et al.*, 1995). Similarly, mRNA levels of cytokines in *H. pylori* uninfected guinea pigs might reflect a cellular response to bacterial compounds other than *H. pylori* antigens.

In order to explain the differences in reactivity to *H. pylori* antigens of T cells from peripheral blood and those examined *in situ*, or isolated from gastric mucosa, the attention should be focused on the urease produced by *H. pylori*. Locally in the stomach, T and B lymphocytes are activated by urease, whereas peripheral blood lymphocytes are beyond the urease influence. The urease may affect cell activation by modifying the levels of cytokines and the activity of recruited inflammatory cells (Kohda *et al.*, 1999).

The lack of proliferative response to *H. pylori* GE antigens of peripheral blood and spleen lymphocytes in *H. pylori* infected guinea pigs might be also discussed in the context of homing molecules. In humans, CD4<sup>+</sup> T lymphocytes with high expression of the  $\alpha 4\beta 7$  homing receptor or L-selectin responded to *H. pylori* antigens by proliferation better than T lymphocytes lacking of such receptors. This means that T cells responding to *H. pylori* antigens, expressing such molecules, might be localized in an organized lymphoid tissue in jejunum, or in the gastric mucosa, but not in the circulation. It is possible that T lymphocytes stimulated by *H. pylori* antigens in the stomach, or jejunum, might differentiate into effector cells in Peyer's patches, and then migrate along circulation to the gastric mucosa *via* endothelial MAdCAM-1 (mucosal addressin cellular adhesion molecule 1), which is



the ligand for  $\alpha 4\beta 7$ . Therefore, this is the reason why the reactivity of the gastric tissue and circulating lymphocytes could differ (Quiding-Jarbrink *et al.*, 2001).

## CONCLUSION

This study showed that a guinea pig model is suitable for investigating the course of *H. pylori*-triggered immune responses in regard to the expansion of antigen specific T lymphocytes, the effectiveness of macrophages as antigen presenting cells and the secretion of cytokines. However, further studies are needed to explain the kinetics and molecular nature of the immune processes related to *H. pylori* infection in guinea pigs, and to make comparisons with the mechanisms associated with *H. pylori* infections in humans.

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