

Transient hypogammaglobulinemia of infancy with no evidence of immunodeficiency other than atopic dermatitis: A case report and review of literature

Dear Editor,

Transient hypogammaglobulinemia of infancy (THI) is a type of primary immunodeficiency (PID) characterized by accentuation and prolongation of physiologic hypogammaglobulinemia. Recurrent infections, a major manifestation of THI, usually occur in infants diagnosed as THI.¹ Skin manifestations, including severe atopic dermatitis (AD), are important signs of PID. However, reports describing THI-associated AD are limited.²⁻⁴ We report a case of an infant with THI and severe AD, with no history of infections. Additionally, we review previous reports of THI-associated AD to clarify the diagnostic features of underlying THI in cases without history of infections.

A 4-month-old boy was referred to our hospital with a 10 week history of severe eczematous lesions. He had no history of recurrent or severe infections, or familial AD or PID. His serum IgG level was 100 mg/dL (normal range: 300-960 mg/dL). Other immunoglobulins

(IgA, IgM, and IgE), leukocyte fractions, and albumin levels were within normal ranges. He was treated with topical corticosteroids but showed a poor response, with repeated relapses over the next 3 months. Consequently, a diagnosis of AD was made. At 7 months of age, his serum IgG level (238 mg/dL) was increased and the skin lesions were improved. At 10 months, the serum IgG level (373 mg/dL) was spontaneously normalized, and relapses of eczema have not been observed thereafter, even without topical corticosteroid therapy.

In this case, the absence of history of infections allowed the incorrect diagnosis of typical AD because the underlying THI was overlooked. However, this risk has not been discussed in the previous reports. Literature regarding THI-associated AD is limited; as there have been documented only 13 cases involving the description of the clinical course of this condition (Table 1).²⁻⁴ Past history of infections was described only in case 11. The rarity of reports

TABLE 1 Previous reports of transient hypogammaglobulinemia of infancy associated with atopic dermatitis

No	Age of AD onset (months)	Age evaluated (months)	IgG (mg/dL)	IgE (IU/mL)	Outgrow of AD (months)
1	2	4	85	41	12 ^a
2	2	4	101	44	12 ^a
3	2	4	145	681	12 ^a
4	2	4	152	71	12 ^a
5	2	4	176	22	12 ^a
6	2	6	50	218	19 ^a
7	2	5	122	N.D.	18 ^a
8	3	6	87	2246	N.D.
9	2	5	197	309	N.D.
10	4	6	115	2135	N.D.
11	3	5	164	856	N.D.
12	1	7	70	11 492	N.D.
13	3	11	225	12 706	N.D.
Present case	1.5	4	100	<20	10 ^a

AD, atopic dermatitis; N.D., not described.²⁻⁴

^aThe normalization of serum IgG level and resolution of atopic dermatitis occurred simultaneously.

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suggests that a history of infections may be an infrequent presentation among patients with THI-associated AD. Therefore, there may be more undiagnosed cases of THI-associated AD.

We aimed to report the clinical findings of our patient to help detect such cases. Herein, we observed three features that are atypical for AD. First, our patient developed AD at 6 weeks of age; however, symptoms of AD generally appear after the age of 4 months.⁵ Moreover, 13 of the 14 patients in Table 1 developed AD by the age of 4 months. Second, the lack of family history of AD should be noted. In general, 60%-70% of cases have a family history of AD.^{6,7} In contrast, only three cases (case 9 and 12 from Table 1 and the present case) had positive family histories. Third, the normal IgE level is notable. High IgE levels are observed in approximately 80% of patients with typical AD;⁵ therefore, we expected the IgE level to be a good marker to distinguish THI-associated AD from typical AD. However, no significant IgE level trends are shown in Table 1. Further studies are warranted to provide clues for guiding the diagnosis of THI in cases without a history of infections.

CONFLICT OF INTEREST


The authors declare no conflict of interest.

INFORMED CONSENT

Written informed consent was obtained from the patient's parents.

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