## ORIGINAL ARTICLE

# Early intestinal complications following pancreas transplantation: lessons learned from over 300 cases – a retrospective single-center study

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### **SUMMARY**

Enteric complications remain a major cause of morbidity in the post-transplant period of pancreas transplantation despite improvements surgical technique. The aim of this single-center study was to analyze retrospectively the early intestinal complications and their potential relation with vascular events. From 2000 to 2016, 337 pancreas transplants were performed with systemic venous drainage. For exocrine secretion, intestinal drainage was done with hand-sewn anastomosis duodenojejunostomy. Twenty-three patients (6.8%) had early intestinal complications. Median age was 39 years (male: 65.2%). Median cold ischemia time was 11 h [IQR: 9–12.4]. Intestinal complications were intestinal obstruction (n = 7); paralytic ileus (n = 5); intestinal fistula without anastomotic dehiscence (n = 3); ischemic graft duodenum (n = 3); dehiscence of duodenojejunostomy (n = 4); and anastomotic dehiscence in jejunum after pancreas transplantectomy (n = 1). Eighteen cases required relaparotomy: adhesiolysis (n = 6); repeated laparotomy without findings (n = 1); transplantectomy (n = 6); primary leak closure (n = 3); re-positioning of the graft (n = 1); and intestinal resection (n = 1). Of the intestinal complications, 4 were associated with vascular thrombosis, resulting in two pancreatic graft losses. Enteric drainage with duodenum-jejunum anastomosis is safe and feasible, with a low rate of intra-abdominal complications. Vascular thrombosis associated with intestinal complications presents a risk factor for the viability of pancreatic grafts, so prevention and early detection is vital.

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### Key words

early intestinal complication, enteric drainage, graft survival, pancreas transplantation, vascular thrombosis

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# Introduction

Pancreas transplantation has been recognized as the standard treatment for improved glucose homeostasis in selected diabetic patients, particularly for those with end-stage renal disease [1]. Throughout its history, recent years have been coined the "decade of decline" because of the decreased number of cases [2,3]. Therefore, a re-evaluation to optimize patient outcomes and re-instill confidence in this procedure is required [4,5].

The propensity of the pancreatic allograft to vascular thrombosis and the need to adequately drive exocrine secretions have conditioned the development of surgical techniques for pancreas transplantation [6-13]. Whole pancreaticoduodenal graft with primary enteric exocrine drainage is currently the norm [14]. A variety of procedures have been described using various small-bowel sites in the intraperitoneal space [14-16]. Most groups prefer a direct side-to-side anastomosis between donor duodenum and jejunum, while others elect to use a Roux-en-Y intestinal limb [8]. After almost a decade, new modifications focusing on physiological technique are being developed [17]. One of these consists of placing the whole pancreaticoduodenal graft in the retroperitoneal space, with a duodenum-duodenum anastomosis [18-20]. Similarly, a duodenum-stomach anastomosis technique was reported for particular patients [21,22].

However, enteric drainage complication rates ranging from 2% to 20% have been reported, such as: intra-abdominal infections; anastomotic dehiscence; duodenal ischemia, and obstruction. Related morbidities pose more management challenges and could entail urgent relaparotomy and thus carry a greater risk of graft loss and mortality [16]. In general, these complications, considered the Achilles' heel of early attempts at pancreas transplantation, are poorly discussed and described in the literature. Some studies suggest that surgical and image-guided interventions can salvage some enterically drained grafts. However, their generalizability and real effectiveness remain unclear [23–26].

Although no surgical technique has achieved universal acceptance, contributions in the search for the "perfect technique" have nevertheless been made by principle transplant centers over time, our group included.

The first pancreas transplant in Spain was performed at the Hospital Clínic of Barcelona in 1983 [27]. To date, some 600 pancreas transplants from deceased donors have been performed within the leading program in the country [28]. Whole pancreaticoduodenal grafts have now been the standard since the early 2000s.

The objective of this study was to analyze over sixteen years, single-centre surgical complications associated with enteric drainage, and their clinical impact on patients' outcomes, taking into account that surgical technique and immunosuppression protocols have been standardized. As vascular thrombosis is one of the principal causes of graft loss, it would be interesting to search for relations between early intestinal complications and adverse post-transplant vascular events. This information could be highly effective for the detection and prevention of the potential risk factors affecting graft survival. It also provides an opportunity for the proposal of changes in the surgical technique with a view to improving results.

# **Materials and methods**

Between January 2000 and April 2016, a retrospective analysis including all pancreas transplants performed at Hospital Clínic of Barcelona was conducted, focusing on enteric drainage early surgical complications. Data were obtained from a prospective database and, where missing, collected from medical records. The institutional ethics board approved the study (HCB/2020/ 0498), and it was performed in accordance with the declarations of Helsinki and Istanbul.

# Patient population

Criteria donor selection is based on the consensus of pancreas and islet transplant of the National Transplant Organization [28]. In all transplant cases, organs were procured from deceased brain-dead donors. The indications and contraindications for pancreas transplant are subject to our institution criteria published elsewhere [29].

# Antibiotic prophylaxis

Initially, the prophylaxis was based on third-generation cephalosporin plus vancomycin for anti-Gram-positive bacterial activity. As a result of bacterial resistance, this was modified in 2015 to ertapenem plus vancomycin. Fungal prophylaxis with fluconazole 200 mg/day was universally used in all recipients. Cytomegalovirus prophylaxis was provided by intravenous ganciclovir at doses up to 5 mg/kg/12 h, or valganciclovir 900 mg/day

for 3–6 months, depending on glomerular filtration rates.

## Thrombosis prophylaxis

The scheme for all types of transplants is based on low molecular weight heparin at doses of 20 mg every 12 h, starting 8 h post–pancreas reperfusion. This regime is maintained until patient discharge (in the absence of thrombotic/hemorrhagic complications), with administration of acetylsalicylic acid pretransplant and 12 h postsurgery at doses of 50 mg every 24 h. The patient is then discharged with a 100 mg dose per day.

## Immunosuppression regimens

In simultaneous pancreas-kidney (SPK) patients, antiinterleukin-2 monoclonal antibody (basiliximab) 20 mg at Day 0 and Day 4 was used as standard induction therapy until July 2013, and thereafter replaced by rabbit anti-human lymphocyte polyclonal antibodies (either thymoglobulin 1.25 mg/kg/day or ATG 2.5 mg/kg/day) for four consecutive days. In pancreas after kidney (PAK) patients, these doses are extended to seven consecutive days. Maintenance immunosuppression was based on triple therapy with a calcineurin inhibitor (Cyclosporine A was used until 2005. Tacrolimus was introduced in the late 90s and is the current choice), mycophenolate and steroids.

## Surgical technique

The whole pancreatoduodenal graft is prepared on the back table. In our institution, the arterial anastomosis of the graft is created either by (i) end-to-end anastomosis between the splenic artery and the distal superior mesenteric artery [30]; or (ii) arterial reconstruction with an iliac arterial "Y" graft. In addition, the donor duodenum is dissected by mechanical staple to approximately 8–10 cm in length, and the edges are reinforced using a continuous, hand-sewn nonabsorbable suture.

For recipient surgery, the access route is midline laparotomy. The pancreatic graft is placed intraperitoneally on the right side of the pelvis, with the duodenal segment pointing upwards (Fig. 1). Venous systemic drainage is via the grafted portal vein into the cava or common iliac vein of the recipient. The arterial supply is provided by anastomosis end-to-side between either the grafted superior mesenteric artery or the Y-graft (depending on the back-table reconstruction technique used) and the recipient common right-iliac artery.



**Figure 1** Whole-organ transplant with systemic vein and enteric exocrine drainage (cephalad position). The grafted superior mesenteric artery (back-table arterial reconstruction: end-to-end anastomosis between the splenic artery and the distal superior mesenteric artery) is anastomosed to the recipient common right-iliac artery and the donor portal vein to the recipient vena cava/common iliac vein. A two-layer hand-sewn side-to-side duodenojejunostomy is constructed about 60-80 cm distal to the ligament of Treitz. Image courtesy of Prof. Fernández-Cruz.

For the exocrine secretion, intestinal drainage is performed with duodenum–jejunum anastomosis without Roux-en-Y loop, side to side for 60–80 cm from the Treitz, using a double layer continuous hand-sewn suture, the inner layer absorbable, and a nonabsorbable external layer.

## Surgical outcomes and follow-up

Early morbidity is defined as any complication within 90 days after pancreas transplant and is graded according to a standard classification [31].

A Doppler ultrasound is performed, 24 h post-transplant and the day before discharge in the case of an uneventful postoperative course, to assess the following: the vascular patency; the state of the graft, and any presence of asymptomatic fluid. Computed tomography (CT) is used in the case of abnormal ultrasound findings or worsening of clinical presentation, for example, fever or unresolved abdominal pain, in order to evaluate graft parenchyma, pancreatic duct, vascular structures, and enteric anastomosis.

Follow-up data during inpatient hospital stay include laboratory values for reperfusion injury in addition to pancreas and kidney graft function. Complete immunologic and virologic work-ups are also performed. Biopsies are taken when clinically indicated. Rejections are classified according to Banff criteria [32].

## Statistics

Categorical variables are described as frequencies (%) and percentages. Continuous variables are expressed as median and interquartile range [IQR]. Categorical variables were analyzed by use of Fisher's exact or chi-square test, and continuous variables were analyzed by unpaired Student's *t*-test, Mann–Whitney *U*-test, or other nonparametric tests.

Patient survival was calculated from the time of transplant to death or the end of follow-up. Pancreas graft survival was calculated from the time of transplant until the return to permanent insulin therapy dependency, or death/end of follow-up with a functioning graft. Both patient and graft survival analyses are estimated by Kaplan–Meier method. A *P* value < 0.05 was considered to indicate statistical significance. Data are collected and analyzed with spss statistical software (SPSS 20.0, 1989-1995; Chicago, IL, USA).

## Results

## Patient characteristics

During the study period, 337 pancreas transplantations were performed, including 276 SPK, 23 PAK, three pancreas transplant alone (PTA) and 35 pancreas retransplantations. The whole series specific donor and recipient data are listed in Table 1.

A total of 23 patients (6.8%) presented at least one complication associated with enteric drainage and were selected for the present study (Table 2). The transplantation type was SPK in 17 patients, PAK in one patient, and pancreas retransplantation in five patients (4 were PTA and 1 was SPK). Median donor age was 29 years [IQR: 19–37], and gender distribution was mostly for male donors (n = 15), with a median body mass index of 23.7 kg/m<sup>2</sup> [IQR: 23–26.2]. The preservation solution

used for organ perfusion was diverse, University of Wisconsin being the most frequent, and the median cold ischemia time was 11 h [IQR: 9-12.4]. Indications for pancreas transplantation were mainly type-1 diabetes mellitus. Recipient gender distribution was 65.2% male, with a median age of 39 years [IQR: 33-43]. Seventeen patients presented prior abdominal surgery. Distribution for the immunosuppressive therapy details is reported in Table 2. Differences between those patients with and without intestinal complications are depicted in Table 1. The two groups were comparable in terms of donor-related and preservation injury factors. Although the serum peak of amylase/lipase levels after transplantation as a marker of pancreas reperfusion injury did not show a significant difference between both groups, there was a trend toward a higher cold ischemia time for the intestinal complications group. Interestingly, the recipient's prior abdominal surgery (P = 0.016) and longer hospitalization time were significantly associated with early intestinal complications (P < 0.0001).

## Surgical technique

For back-table arterial reconstruction, end-to-end anastomosis of the distal superior mesenteric artery to splenic artery was used in 95.7% of cases and in one case, a Y-graft.

In recipient surgery, the type of arterial anastomosis distribution was superior mesenteric to right common iliac end to side anastomosis in 21 cases. One case was the arterial "Y" graft to the stump of the superior mesenteric artery of previous pancreatic graft anastomosis. In another case, the superior mesenteric artery was anastomosed to a donor iliac graft placed on the right common iliac artery. In all cases, systemic endocrine drainage was by portal vein anastomosis to the most distal part of inferior vena cava. Enteric drainage was performed with a 2.5 cm duodenum–jejunum side-toside anastomosis.

## Intestinal complications

In our series, the various types of enteric complications ocurred within the first 30 postoperative days. The clinical presentation depended on the diagnosis of the intra-abdominal event. Moreover, negative cytomegalovirus antigenemia was confirmed in all recipients.

The type of complication and its presentation in a total of twenty-three patients are described as follows:

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	$T_{otol}(n = 227)$	No intestinal $(n - 214)$	Intestinal $(n - 22)$	Dualua
	101al (n = 337)	complications ( $n = 314$ )	complications $(n = 23)$	P value
Donor				
Cause of death				
Trauma	182 (54%)	167 (53.2%)	15 (65.2%)	0.388
Anoxic damage	19 (5.6%)	18 (5.7%)	1 (4.3%)	
CVA	121 (35.9%)	116 (36.9%)	5 (21.7%)	
Others	15 (4.5%)	12 (4.1%)	2 (8.7%)	
Age (years)	31 [21–40]	32 [21–40]	29 [19–37]	0.304
Gender (M/F)	206 (61.1%)/131 (38.9%)	191 (60.8%)/123 (39.2%)	15 (65.2%)/8 (34.8%)	0.826
Body mass index (kg/m <sup>2</sup> )	23.4 [21.6–25.4]	23.4 [21.5–25.4]	23.7 [23–26.2]	0.284
Previous cardiac arrest	48 (14.2%)	45 (14.3%)	3 (13%)	1
Intensive care unit stay (days)	3 [1.7–7]	2 [1–5]	3 [2–7]	1
Amylase (IU/l)	84 [48.7–170]	84 [48–171.2]	112 [55.7–155]	0.518
Lipase (IU/I)	45 [17.5–115]	45 [18–120]	16.5 [8.2–85.7]	0.121
P-PASS total	16 [14–18]	16 [14–18]	15.5 [14.2–18]	0.913
Preservation solution				
UW	256 (76%)	243 (77.4%)	13 (56.5%)	0.157
CS	67 (19.9%)	59 (18.8%)	8 (34.8%)	
HTK	7 (2.1%)	6 (1.9%)	1 (4.3%)	
IGL-1	7 (2.1%)	6 (1.9%)	1 (4.3%)	
Cold ischemia time (h)	10.3 [8–12]	10.3 [8–12]	11 [9–12.4]	0.542
Recipient				
Age (years)	40 [35-45]	40 [35-45]	39 [33–43]	0.464
Gender (M/F)	220 (65.3%)/117 (34.7%)	205 (65.3%)/109 (34.7%)	15 (65.2%)/8 (34.8%)	1
Type of diabetes				
DM-I	333 (98.8%)	311 (99%)	22 (95.7%)	0.247
Others	4 (1.2%)	3 (1%)	1 (4.3%)	
Time of diabetes (years)	26 [21–31]	26 [21–31]	26 [19–32]	0.649
Dialysis duration (months)	27 [19.4–37.7]	27 [18.6–37.5]	26.5 [21.8–44.2]	0.539
Type of dialysis				
Predialysis	27 (8%)	26 (8.3%)	1 (4.3%)	0.542
Peritoneal dialysis	75 (22.3%)	70 (22.3%)	5 (21.7%)	
Hemodialysis	187 (55.5%)	177 (56.4%)	10 (43.5%)	
Hemodialysis/PD	3 (0.9%)	1 (0.3%)	2 (8.6%)	
No dialysis	45 (13.4%)	40 (12.8%)	5 (21.7%)	
Abdominal surgery	160 (47.5%)	143 (45.5%)	17 (73.9%)	0.016
Transplant type				
SPK	276 (81.9%)	259 (82.5%)	17 (73.9%)	0.296
РАК	23 (6.8%)	22 (7%)	1 (4.3%)	
PTA	3 (0.9%)	3 (1%)	-	
Retransplant	35 (10.4%)	30 (9.6%)	5 (21.7%)	
Postreperfusion amylase (IU/I)	195 [111–349]	196 [119–351.5]	177 [75–231]	0.155
Postreperfusion lipase (IU/I)	183.5 [100–389.2]	184 [100–391]	160 [59–290]	0.480
Time of hospital stay (days)	14.5 [11–22]	14 [11–21]	29 [22–37]	0.000

## Table 1. Whole series donor and recipient characteristics.

CS, celsior; CVA, cerebro-vascular accident; F, female; HTK, Histidine-tryptophan-ketoglutarate; IGL-1, Institut Georges Lopez-1; M, male; PTA, pancreas transplant alone; PAK, pancreas after kidney transplant; PD, peritoneal dialysis; P-PASS, preprocurement pancreas suitability score; SPK, simultaneous pancreas–kidney transplant; UW, University of Wisconsin.

Continuous variables are expressed as median [IQR] and categorical variables as frequencies (percentages).

*Intestinal obstruction* presented in seven patients, as depicted in Table 3. From this group, one patient had diabetic gastroparesia as a comorbidity and two more patients were on immunosuppression therapy as a result of a previous SPK and a living donor kidney transplant, respectively. Two others had surgery as a result of a hydatid liver cyst and tubal sterilization, respectively. All patients presented symptoms of distention and

Case	Recipient gender/age (years)	Transplant Indication	Donor gender/age (years)	Preservation solution	Induction/immunosuppression protocol	Previous abdominal surgery
#1 IO	Female 39	DM 1 HD	Male 39	UW	Thymo Tac-MMF-Cs	No
#2 IO	Male 29	DM 1 HD	Male 21	UW	Bs Cv-MMF-Cs	No
#3 IO	Female 34	DM 1 PFKT	Female	UW	Thymo Tac-MMF-Cs	SPK
#4 IO	Male 33	DM 1 PFKT	Male 15	UW	Thymo Tac-MMF-Cs	LDKT
#5 IO	Male 37	DM 1 HD	Male 19	IGL-1	Thymo Tac-MMF-Cs	No
#6 IO	Male 39	DM 1 PD	Male 24	UW	Thymo Tac-MMF-Cs	Hepatic cyst resection peritoneal dialysis catheter
#7 IO	Female 49	DM 1 Predialvsis	Male 16	UW	Thymo Tac-MMF-Cs	Tubal sterilization
#8 Pl	Male 33	DM 1 HD	Female 35	UW	Bs Tac-MMF-Cs	SPK Intestinal obstruction
						Colecistectomy Pancreas and kidney transplantectomy
#9 Pl	Male 47	DM 1 PD	Female 29	CS	Bs Tac-MMF-Cs	Bilateral aorto-femoral Goretex-Y bifurcation grafts Appendectomy Peritoneal dialysis catheter
#10 Pl	Male 56	DM 1 PD	Male 33	НТК	Bs Tac-MME-Cs	Peritoneal dialysis catheter
#11 Pl	Male 42	DM 1 PD	Male 27	CS	Thymo Tac-MMF-Cs	Peritoneal dialysis catheter
#12 Pl	Male 36	DM 1 PD	Female 45	CS	Thymo Tac-MMF-Cs	Peritoneal dialysis catheter
#13 IF	Female 30	DM 1 HD	Female 28	UW	Bs Tac-MMF-Cs	No
#14 IF	Male 56	DM 1 PD + HD	Male 42	UW	Thymo Tac-MMF-Cs	Peritoneal dialysis catheter Repeated peritonitis
#15 IF	Male 48	Diabetes 2° pancreatitis HD	Male 29	CS	Thymo Tac-MMF-Cs	Twelve abdominal surgeries (hemorrhagic pancreatitis). (drainage of pancreatic necrosis, cholecystectomy hepaticojejunostomy)
#16 ID	Female 33	DM 1 HD	Male 15	UW	Thymo Tac-MMF-Cs	No
#17 ID	Male 43	DM 1 PFKT	Female 37	CS	Thymo Tac-MMF-Cs	SPK Sigmoidectomy with protection ileostomy with later ileostomy closure (acute colonic diverticulitis)
#18 ID	Male 39	DM 1 HD	Male 19	UW	Thymo Tac-MMF-Cs	No
#19 DA	Female	DM 1 HD + PD	Male 30	UW	Bs Tac-MMF-Cs	Peritoneal dialysis catheter
#20 DA	Male 41	DM 1 PD + HD	Male 23	UW	Thymo Tac-MME-Cs	Peritoneal dialysis catheter
#21 DA	Male 34	DM 1 PD + HD	Male 31	UW	Bs Tac-MMF-Cs	Peritoneal dialysis catheter Omentectomy

# Table 2. Analysis and description of cases with enteric drainage complications after pancreas transplantation.

## Table 2. Continued.

Case	Recipient gender/age (years)	Transplant Indication	Donor gender/age (years)	Preservation solution	Induction/immunosuppression protocol	Previous abdominal surgery
#22 DA #23 JF	Female 40 Female 37	DM 1 PFKT DM 1 PFKT	Male 43 Female 48	CS CS	Thymo Tac-MMF-Cs Thymo Tac-MMF-Cs	SPK SPK

Bs, basiliximab; CS, celsior; Cs, corticosteroid; Cy, cyclosporine; DA, dehiscence of duodenum–jejunum anastomosis; DM 1, type 1 diabetes mellitus; HD, hemodialysis; ID, ischemia duodenum; IF, intestinal fistula; IGL-1, Institut Georges Lopez-1; IO, intestinal obstruction; JF, recipient jejunum fistula after previous graft transplantectomy; LDKT, living donor kidney transplantation; MMF, mycophenolate mofetil; PD, peritoneal dialysis; PFKT, previous functioning kidney transplant; PI, paralytic ileum; SPK, simultaneous pancreas–kidney transplant; Tac, tacrolimus; Thymo, thymoglobuline; UW, University of Wisconsin.

Table 3. Intestinal obstruction.						
Transplant/year	Postoperative amylase/lipase IU/l CIT (h)	Vascular event	Clavien–Dindo Classif.	Treatment Hospital stay (days)	Graft/patient Survival (months)	
#1 SPK/2001	668/496 CIT: 4	NO	IIIb	Adhesiolysis <i>Pancreatitis tail pancreas</i> (8° day postop.) HS: 17	73.9/228.9 Chronic rejection Alive	
#2 SPK/2001	750/633 CIT: 12	NO	IIIb	Laparotomy: No cause founded (17° day postop.) HS: 32	22.3/224.9 Recurrence DM 1 Alive	
#3 Re-tx/2004	72/59 CIT: 15	NO	IIIb	Adhesiolysis (14° day postop.) HS: 23	58.7/58.7 Death (intestinal perforation)	
#4 PAK/2010	222/160 CIT: 13	NO	lllb	Adhesiolysis (15° day postop.) HS: 24	105.1/122.3 Chronic rejection Alive	
#5 SPK/2014	195/265 CIT: 8.5	NO	IIIb	Adhesiolysis Drainage peripancreatic fluid (19° day postop.) HS: 29	67/67 Alive	
#6 SPK/2014	64/135 CIT: 10	NO	IIIb	Adhesiolysis Drainage peripancreatic fluid (7ª day postop) HS: 22	65.1/65.1 Alive	
#7 SPK/2015	289/258 CIT: 15.1	NO	IIIb	Adhesiolysis (13° day postop) HS: 34	61.4/61.4 Alive	

CIT, cold ischemia time; DM 1, type 1 diabetes mellitus; HS, hospital stay; PAK, pancreas after kidney transplant; Re-tx, pancreas retransplantation; SPK, simultaneous pancreas–kidney transplant.

Normal value of amylase: 20-104 IU/I. Normal value of lipase: 13-60 IU/I.

abdominal pain. Imaging findings of pancreatic graft on Doppler ultrasonography was unspecific; hence, CT showed intestinal suboclusion in all cases. Relaparotomy was performed within a range of 7–19 postoperative days. Intraoperative findings were mainly with bowel adhesions around the pancreatic graft, in some cases with peripancreatic fluid. Adhesiolysis was performed on these patients.

*Paralytic ileum* was diagnosed in five patients, with a clear relation with previous abdominal surgeries. All

cases presented with abdominal distension, pain, and vomiting. Imaging diagnosis was necessary to rule out other intestinal disorders. The symptoms were effectively resolved with conservative treatment (absolute diet + nasogastric tube), although in two cases nutritional support was necessary. Two out of five patients presented with acute pancreas rejection and were treated accordingly (Table 4).

Intestinal fistula (duodenal leak) without anastomotic dehiscence was presented in 3 patients. In the analysis, two patients had clinical presentation of abdominal pain, elevation of acute phase reactants, and hemodynamic instability. Diagnosis was confirmed by imaging (CT) of intra-abdominal abscesses. One patient required repeated laparotomies and, consequently, pancreas transplantectomy because of duodenal-edge perforations. The second patient had a satisfactory outcome after primary closure of duodenal perforation in spite of an apparent clostridium infection. The third case presented with abdominal pain and anemia, the CT showing peripancreatic hematomas with hemoperitoneum. A relaparotomy was necessary to clean the abdomen, but 6 days later, a subsequent surgery was performed to remove the graft because of duodenal fistula with peritonitis. Broad-spectrum antibiotics were crucial in the medical treatment of these patients. (Table 5).

*Ischemic of grafted duodenum.* In our study, three patients presented duodenal ischemia within the first 10 postoperative days. One patient had clinical presentation of abdominal pain following a systemic sepsis.

During laparotomy, necrosis of the duodenum graft with perforation was found and a transplantectomy was required, despite the absence of evident vascular thrombosis. Another patient presented with venous thrombosis requiring a thrombectomy and anticoagulation. As a result, a first relaparotomy at 48 h was needed because of abdominal hematomas. Eight days later, the patient presented hypotension and elevation of the acute phase reactants. A reoperation was performed observing necrosis and perforation of the graft duodenum together with thrombosis in the venous anastomosis, resulting in a transplantectomy. The third case concerns a patient that presented with sudden abdominal pain, the CT showing evidence of a compromised duodenojejunal anastomosis. During the reintervention, rotation of the duodenum of the graft was evident. The graft was replaced in a more medial position, obtaining good macroscopic appearance (Table 6).

Dehiscence of duodenum-jejunum anastomosis was presented in four patients. One patient required four relapatomies because of a dehiscence in the intestinal anastomosis associated with peritonitis, resulting in a transplantectomy. The second patient presented with vascular thrombosis (partial splenic venous thrombosis plus partial arterial stenosis of the anastomosis between splenic and superior mesenteric artery of the pancreatic graft). Radiological thrombectomy and repeated laparotomies for retroperitoneal hematoma drainage were needed until a pancreas transplantectomy was deemed necessary because of dehiscence of the intestinal

Table 4. Paralytic ileum.							
Transplant/year	Postoperative amylase/lipase IU/l CIT (h)	Vascular event	Clavien–Dindo Classif.	Treatment Hospital stay (days)	Graft/patient Survival (months)		
#8	98/140	NO	I	Conservative (10° day)	204.5/204.5		
Re-tx/2003	CIT: 11			HS: 14	Alive		
#9	44/47	NO	1	Conservative (5° day)	100.2/100.2		
SPK/2011	CIT: 8			HS: 12	Alive		
#10	13/75	NO	II	Conservative (6° day)	83.5/83.5		
SPK/2013	CIT: 8.3			Treatment of acute rejection HS: 31	Alive		
#11	201/670	NO	I	Conservative (19° day)	60.4/60.4		
SPK/2015	CIT: 11.3			HS: 24	Alive		
#12	91/131	NO		Conservative (5° day)	49.1/49.1		
SPK/2016	CIT:10.4			Treatment of acute rejection HS: 25	Alive		

CIT, cold ischemia time; HS, hospital stay; Re-tx, pancreas retransplantation; SPK, simultaneous pancreas-kidney transplant. Normal value of amylase: 20–104 IU/I. Normal value of lipase: 13–60 IU/I.

Transplant/year	Postoperative amylase/lipase IU/l CIT (h)	Vascular event	Clavien–Dindo Classif.	Treatment Hospital stay (days)	Graft/patient Survival (months)
#13 SPK/2006	182/196 CIT: 10	NO	IVa	1°: Delayed primary closure 2°: Transplantectomy* (14° day) HS: 37	0.5/170.1 Alive
#14 SPK/2014	86/40 CIT: 11	NO	lllb	Primary closure (16° day) HS: 74	69.4/69.4 Alive
#15 SPK/2014	160/290 CIT: 12.4	NO	IVa	1°: Hematoma drainage 2°: Transplantectomy* (15° day) HS: 109	0.5/67.4 Alive

## Table 5. Intestinal fistula (duodenal leak) without anastomotic dehiscence.

CIT, cold ischemia time; HS, hospital stay; SPK, simultaneous pancreas-kidney transplant.

#13:\* Pathology report: acute pancreatitis, peripancreatic fat necrosis, and duodenal perforation. #15:\* Pathology report: duodenum ulcer perforation, and steatonecrosis. Normal value of amylase: 20–104 IU/I. Normal value of lipase: 13–60 IU/I.

Table 6. Ischemic of grafted du	odenum.
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Transplant/year	Postoperative amylase/lipase IU/l CIT (h)	Vascular event	Clavien–Dindo Classif.	Treatment Hospital stay (days)	Graft/patient Survival (months)
#16 SPK/2003	177/32 CIT: 9	NO	IVa	Transplantectomy* (6° day) HS: 27	0.2/70.6 Death (intestinal perforation)
#17 Re-tx/2013	231/162 CIT: 11	Vein thrombosis	IVa	1°: Hematoma drainage 2°: Transplantectomy* (10° day) HS: 84	0.3/84 Alive
#18 SPK/2016	226/286 CIT: 6.2	NO	IIIb	Surgery (3° day) HS: 12	49.9/49.9 Alive

CIT, cold ischemia time; HS, hospital stay; Re-tx, pancreas retransplantation; SPK, simultaneous pancreas-kidney transplant.

#16:\* Pathology report: duodenal infarction, thrombosis of one, medium-sized arterial vessel. Pancreatic acinar changes with focal dilation and nonspecific chronic inflammation. #17:\* Pathology report: venous thrombosis in vessels of medium and large size, ischemic necrosis of transmural duodenal wall, and necrosis in parenchyma and peripancreatic fat tissue. Normal value of amylase: 20–104 IU/I. Normal value of lipase: 13–60 IU/I.

anastomosis. The third patient presented with abdominal pain and leukocytosis thirteen days after transplant, the CT showing pneumoperitoneum, abdominal liquid and splenic venous thrombosis (>50%). The patient underwent relaparotomy for primary closure of a minimum orifice in the intestinal anastomosis, plus an intestinal bypass and endovascular thrombectomy, with a satisfactory outcome. Finally, the fourth patient presented with abdominal pain and fever, with an exploratory CT revealing the presence of pneumoperitoneum. During surgery, a dehiscence point in the anastomosis was repaired together with an intestinal bypass. The patient preserved pancreatic function until an arterial pseudoaneurysm was diagnosed requiring late transplantectomy (Table 7).

Anastomotic dehiscence in recipient jejunum after previous graft transplantectomy was diagnosed in one case of pancreas retransplantation because of chronic rejection. A pancreas transplantectomy of the first graft was needed as the new graft was placed in the same location. Pancreatic graft reperfusion was adequate and uneventful. However, imaging surveillance within the first 24 postoperative hours showed partial splenic distal vein and partial splenic artery thrombosis of the graft. The patient required relaparotomy for vascular thrombectomy. After eleven postoperative days, this patient presented with abdominal pain, with the CT confirming pneumoperitoneum with peritonitis. Repeated laparotomy was necessary and dehiscence of the enteric suture of the jejunum's recipient in the previous intestinal graft anastomosis site was found.

Transplant/year	Postoperative amylase/lipase IU/l CIT (h)	Vascular event	Clavien–Dindo Classif.	Treatment Hospital stay (days)	Graft/patient Survival (months)
#19 SPK/2007	789/710 CIT: 14	NO	IVa	Surgery (×3)* Transplantectomy (18° day) HS: 48	0.9/95 Alive
#20 SPK/2008	75/48 CIT: 11	Splenic vein thrombosis Splenic artery stenosis	IVa	Surgery (×3)* Transplantectomy (16° day) HS: 125	0.5/8.4 Death (respiratory infection)
#21 SPK/2009	41/142 CIT: 10	Splenic vein thrombosis	IIIb	Primary closure + intestinal bypass + thrombectomy splenic vein (13° day) HS: 31	123.6/123.6 Alive
#22 Re-tx/2010	365/455 CIT: 15	NO	IIIb	Primary closure + intestinal bypass (7° day) HS: 32	2.7/118.7 Alive

### Table 7. Dehiscence of duodenum-jejunum anastomosis

CIT, cold ischemia time; HS, hospital stay; Re-tx, pancreas retransplantation; SPK, simultaneous pancreas-kidney transplant.

#19:\* 1° Relaparotomy: drainage of abscess and primary closure of the anastomosis microperforation; 2° Relaparotomy: drainage of peritoneal liquid and intestinal bypass ("Y" Roux) because of dehiscence of intestinal anastomosis; 3° Relaparotomy: abdominal cavity washing; 4° Relaparotomy: transplantectomy. Pathology report: Acute focal pancreatitis, edema and chronic inflammation. Medium caliber arterial thrombosis. In the duodenum: Acute focal peritonitis. #20:\* 1° Relaparotomy: drainage of retroperitoneal hematoma that compresses the vena cava and venous anastomosis; 2° Relaparotomy: drainage of residual hematoma; 3° Relaparotomy: pancreas transplantectomy because of dehiscence of intestinal anastomosis with peritonitis. Pathology report: Acute pancreatitis with steatonecrosis, focal vascular thrombosis in duodenum, acute inflammation unspecific in layers with peripheral fibrin deposits. Normal value of amylase: 20–104 IU/I. Normal value of lipase: 13–60 IU/I.

Therefore, intestinal resection of the affected segment and jejunum–jejunum anastomosis was necessary. At no time was insulin treatment required and the patient was discharged with both functional grafts.

## Patient and graft survival

After a median follow-up of the whole series of 131.6 months [IQR: 80.5–174.6], the 1, 3 and 5 year overall patient survival was 98.2%, 95.5%, and 94.6%, respectively. The patient survival at 1, 3, and 5 years for the group with intestinal complications vs. the group without was 95.7% vs. 98.4%, 95.7%; vs. 95.5%, and 91%, vs. 95%, respectively (P = 0.289; Fig. 2a).

Meanwhile, the 1, 3, and 5 year death-censored pancreas graft survival for the 337 patients was 87.5%, 83.5%, and 79.1%, respectively. The graft survival was significantly inferior for the group with intestinal complications compared to the group without: at 1, 3, and 5 years, namely 69.6% vs. 88.5%, 60.9% vs. 85.2%, and 60.9% vs. 80.5%, respectively (P = 0.001; Fig. 2b).

## Discussion

Pancreas transplantation continues to be a demanding procedure as it is associated with the highest technical failure rate of all solid organ transplants [11,33–36]. Regarding surgical morbidity, the impact of vascular thrombosis on the pancreatic graft survival is well documented [37]. Moreover, the role of early intestinal complications and their association with vascular events is an interesting field to explore in depth because of the inherent clinical repercussions and the lack of information on this topic in the literature.

In the present large cohort study, we have found a post-transplant intestinal-related morbidity of 6.8% in the various transplant modalities. Some 18 patients required relaparotomy following transplantation as treatment for enteric complications. A total of 30.4% of cases were because of intestinal obstruction demonstrated by radiology, although no early pancreatic graft losses arose from this condition. These cases could be interpreted as a form of ischemia–reperfusion injury related to early pancreatitis, which contributes to





**Figure 2** (a) Patient survival for the group with intestinal complications (discontinuous line) compared to the group without intestinal complications (continuous line), (P = 0.289). (b) Pancreas graft survival for the group with intestinal complications (discontinuous line) compared to the group without intestinal complications (continuous line), (P = 0.001). IC, intestinal complications.

postsurgical adhesions and subsequent small-bowel obstruction. Furthermore, the intraperitoneal placement of the pancreas creates a potential site for an internal hernia [36,38,39]. At any rate, an accurate diagnosis is vital since prompt surgery is a sufficient measure to ensure bowel and allograft viability. Moreover, in the present study, a number of patients (21.7%) presented with paralytic ileus related with previous surgeries, all of which were successfully conservatively treated. In our experience, the chronologic onset of obstruction was not helpful in determining whether an adhesion or internal hernia was the likely cause, an observation also alluded to by Lall *et al.* [40]. It is worth noting that the intraperitoneal nature of pancreas operations increases the risk of bowel complications, a possibility that could be reduced by placing the graft in a retrocolic position, as previously reported in the literature [18–20,41].

Other scenarios in the field of enteric drainage resulting in a range of consequences for patient outcome are those complications related to grafted duodenum viability. In accordance with the literature [23,42,43], the rate of duodenal leakage is around 5-20% and may result in a significant rate of graft loss. In our series, intestinal fistula without anastomotic dehiscence originating from the duodenal edge accounted for three patients, with pancreas transplantectomy within 15 postoperative days being required in two. Interestingly, in both cases the pathological report showed acute pancreatitis and steatonecrosis. Primary closure was performed in one case, as the surrounding duodenum was viable and well vascularized. Al-Adra et al. [26] reported a rate of duodenal leakage in 33 of 426 pancreas transplantation recipients, with 8 patients needing graft pancreatectomy as primary therapy. Their study shows that, in selected patients, a duodenal leak can be repaired successfully in enterically drained grafts. Moreover, Sollinger et al. [11] described a leakage rate of 5.7% in 610 enterically drained transplants, of which up to 50% resulted in pancreas graft loss.

Interestingly, our study presented a concomitant vascular thrombosis diagnosed by imaging assessment in four of the 23 cases, with a significant correlation for graft loss in two of them. Ischemic of grafted duodenum represents a catastrophic event, as demonstrated in the present analysis, in which the majority of patients presented with vascular thrombosis either diagnosed by imaging or in the pathology report following transplantectomy. It must be stressed that poor graft reperfusion plays a significant role in graft loss. To prevent the possibility of this problem, the vascular branches of the superior mesenteric artery and celiac trunk must be kept intact, allowing for adequate perfusion of the gland during retrieval. Besides, in this series, one patient needed surgery because of torsion of the duodenum graft, which involved relocating the graft to a medial position. As previously reported [16], the decreased graft torsion arising from bladder drainage afforded a

protective measure against technical failure. Nowadays, although enteric drainage is much more acceptable to the transplant community, it should be noted that when the pancreas is placed intraperitoneally, it may lead to twisting, predisposing venous thrombosis. Likewise, dehiscence of the duodenum-jejunum anastomosis presents some association with venous thrombosis and ischemic process. Ischemia-reperfusion injury is a potential risk factor for both vascular thrombosis and bowel leaks, in some cases resulting in a graft loss, as has arisen in half of our cases. Vascular events were diagnosed in up to 75% of cases, either by radiology or in the pathology after removal the graft. It is worth noting that two grafts were rescued after primary closure with intestinal bypass and thrombectomy when necessary. Notwithstanding, in selected patients, a total and partial graft duodenectomy may be conveniently employed with the aim of graft rescue as Pieroni et al. [44] demonstrated after 336 consecutive retroperitoneal transplantations. Anastomotic dehiscence in recipient jejunum after previous graft transplantectomy was diagnosed in one patient. Special attention should be taken in the case of retransplantation, as it is associated with greater technical difficulties.

To summarize, enteric drainage with an improved technique presents a low risk of nonimmunological pancreas transplant complications. The analysis of this series shows that enteric drainage as duodenum-jejunum side-to-side anastomosis is a safe and feasible technique. However, ischemic conditions could arise from venous thrombosis; arterial stenosis; inadequate revascularization; and retroperitoneal hematoma with extrinsic compression of vein anastomosis. What is interesting to evaluate are those complications related to a vascular event that could be avoided if an affective treatment is applied, as these are considered the Achilles' heel of pancreas transplantation. Close postoperative surveillance is mandatory as radiologic diagnosis of vascular thrombosis may be absent in the immediate postoperative period, as demonstrated when analyzing the pathology report in the case of transplantectomy.

In the present setting, treatment of leaking entericdrained grafts has always mandated surgical exploration. If the leakage zone was well delineated and graft duodenum was not macroscopically compromised, a primary repair was initially attempted, with the creation of a intestinal bypass to exclude the anastomosis. Regrettably, in some of these cases, this approach was not sufficient to solve the problem because of worsening local conditions. Consequently, graft pancreatectomy was the procedure of choice.

In spite of the retrospective nature of the present study, the low rate of enteric complications, and the absence of significant differences between groups regarding donor and recipient variables, our results stress the importance of primarily focusing on: the detection and control of the potentially risk factors related to donor characteristics; preservation injury (i.e., minimizing cold ischemia); back-table preparation of the graft or other technical issues; and later, prompt detection and treatment of bowel complications and potentially associated vascular events. It is true that a significant number of cases end in transplantectomy but in some, graft salvage may be possible, making operative repair an option that should be carefully considered. Further, non-related graft duodenum early complications (52.2%) did not have impact on graft survival, despite the fact that in some cases reoperation was required.

In May 2016, our group implemented a different technique with a view to improving outcomes. That is to say, graft position was modified by placing the pancreas in the space behind the right colon with a duodenoduodenostomy for exocrine secretions. The preliminary results have been recently published, and no complications related to the new surgical technique have been identified [41]. Taking into account that more cases have yet to be evaluated, it appears that retrocolic graft placement offers advantages concerning straightforward technical vascular reconstruction along with: minimizing the risk of torsion of vascular anastomoses; decreasing the risk of intestinal obstruction by separation of the small bowel from the pancreas graft; and allowing conservative treatment in case of anastomotic insufficiency or pancreatic fistula. Increasingly, more groups are implementing this technique, as the aforementioned advantages may also have an impact on the reduction of graft complications.

As many factors are implicated in the scenario of pancreas transplantation, long-term results are needed for valid interpretations of surgical technique, and efforts should be made with all potentially treatable factors from donor through to recipient.

## **Authorship**

JF-F, BC-V, JF and JCG-V: participated in research design. JF-F, BC-V and JF: participated in the writing of the paper. JF-F, BC-V, GC, JF and JCG-V: participated in the performance of the research. JF-F, BC-V, PV-A, GC, ÁG-C, MAL-B, RR, RG, M<sup>a</sup>JR, LF-C, JF and JCG-V: contributed to data acquisition and interpretation. JF-F, BC-V, MC, EE, FD, CF, JF and JCG-V: participated in data analysis. JF-F, BC-V, PV-A, GC, ÁG-C, MAL-B, RR, RG, MC, EE, FD, CF, M<sup>a</sup>JR, LF-C, JF and JCG-V: contributed to critical revision of manuscript.

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## **Conflict of interest**

The authors have declared no conflicts of interest.

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