#### REVIEW

# Machine learning in liver transplantation: a tool for some unsolved questions?

Alberto Ferrarese<sup>1</sup> (D, Giuseppe Sartori<sup>2</sup>, Graziella Orrù<sup>3</sup>, Anna Chiara Frigo<sup>4</sup>, Filippo Pelizzaro<sup>1</sup>, Patrizia Burra<sup>1</sup> a & Marco Senzolo<sup>1</sup>

1 Multivisceral Transplant Unit, Department of Surgery, Oncology and Gastroenterology, Padua University Hospital, Padua, Italy 2 Forensic Neuropsychology and Forensic Neuroscience, PhD Program in Mind Brain and Computer Science, Department of General Psychology, Padua University, Padua, Italy

3 Department of Surgical, Medical, Molecular and Critical Area Pathology, University of Pisa, Pisa, Italy

4 Department of Cardiac-Thoracic-Vascular Sciences and Public Health, Biostatistics, Epidemiology and Public Health Unit, University of Padua, Padova, Veneto, Italy

#### **Correspondence**

Dr. Alberto Ferrarese MD, Multivisceral Transplant Unit, Department of Surgery, Oncology and Gastroenterology, Padua University Hospital, via Giustiniani 2, 35128 Padua, Italy. Tel.: + 0(0)39 049.8218717; fax: +0(0)39 049 821 7848; e-mail: [alberto.ferrarese17@gmail.com](mailto:)

#### **SUMMARY**

Machine learning has recently been proposed as a useful tool in many fields of Medicine, with the aim of increasing diagnostic and prognostic accuracy. Models based on machine learning have been introduced in the setting of solid organ transplantation too, where prognosis depends on a complex, multidimensional and nonlinear relationship between variables pertaining to the donor, the recipient and the surgical procedure. In the setting of liver transplantation, machine learning models have been developed to predict pretransplant survival in patients with cirrhosis, to assess the best donor-to-recipient match during allocation processes, and to foresee postoperative complications and outcomes. This is a narrative review on the role of machine learning in the field of liver transplantation, highlighting strengths and pitfalls, and future perspectives.

#### Transplant International 2021; 34: 398–411

#### Key words

acute liver failure, cirrhosis, liver transplantation, machine learning, neural network

Received: 7 July 2020; Revision requested: 24 August 2020; Accepted: 8 January 2021; Published online:4 February 2021

# The difference between inferential statistics and machine learning based models in medical research

Artificial Intelligence is an umbrella term usually indicating a field containing subsectors, such as natural language processing, deep learning, and machine learning (ML, Table 1). As most of the applications discussed here have been analyzed using ML models, this is the reason why we prefer this term throughout the manuscript.

The classical statistical approach is based on inferential analyses. Here, results are derived usually making strong assumptions about the data distribution [1]. This inferential model has been de facto the standard procedure for analyzing scientific experiments since 1940.

### Artificial neural network A network of artificial neurons. Artificial neurons are built to include the basic functioning of a biological neuron. Interpretability: low Bayesian network model A network based on specifying relationships of conditional dependence between variables. Interpretability: high Classification tree Trees of decision rules with cutoffs that maximize predictive accuracy Interpretability: high Cross-validation Procedure that approximates the use of the predictive model on new data. The data are split randomly into a number of equally sized subsets (for example 10). The model to be evaluated is (developed and) estimated on all but one of the subsets and applied to the set that was left out. This is repeated several times, every time leaving out a different set. The error made in the prediction for the left out sets is used to evaluate the predictive ability of the model Deep neural network A network made of multiple levels of nonlinear operations, such as neural nets with many hidden layers Interpretability: low Deep learning Learning on data, using a deep neural network Goodness of fit Degree of overlap between actual data and predicted data, according to applied the model Random forest A model with multiple, randomly selected, decision trees that are averaged to make the prediction Interpretability: low Support vector machine ML approach used to sort two data groups, drawing lines (hyperplanes) to separate the groups according to patterns Interpretability: low

Table 1. Glossary.

Conversely, the ML model does not make assumptions about the data structure, or on the mechanisms that generate data, making it more "agnostic" than statistical inference [2]. Further, it focuses mainly on predictive accuracy, which could be addressed also in standard statistics, but with models that are usually constrained by strong assumptions (e.g., linear regression and logistic regression). Finally, the ML approach is characterized by the widespread use of cross-validation (e.g., the procedure that approximates the use of the predictive model on new data; Table 1). Although widely used also in classical statistical models, cross-validation is a compulsory step in ML, able to reduce the risk of overfitting more than common hold-out methods (i.e., providing good results on the training set, and bad results on the validation set).

In recent years, ML has been increasingly applied in Medicine, with an exponential growth in the publications describing its use (Fig. 1). These models have consequently been widely applied in many fields of Gastroenterology and Hepatology to facilitate clinicians' diagnostic or therapeutic algorithms, or predict patient outcomes [3,4]. Examples of applications of ML in Hepatology include: predicting fibrosis in patients with viral hepatitis or nonalcoholic fatty liver disease; ascertaining the presence of esophageal varices in patients with cirrhosis; establishing the prognosis for patients with end-stage liver disease [3,5]. Certain aspects of solid organ transplantation, such as allocation, posttransplant outcome, and the management of immunosuppression, have also been explored using ML-based models [6–11].

In the last decade, there has also been interest in applying ML to liver transplantation (LT). There are two main reasons why this could theoretically be an ideal setting for ML. First, it is hard to establish the prognosis for the most common pre-LT condition, cirrhosis, because it can be influenced by several events as bacterial infection, variceal bleeding, acute kidney injury and/or hepatic encephalopathy. Second, the wide gap between donor supply and recipient demand imposes the need to optimize donor-to-recipient matching and improve postoperative graft and patient survival.

Here we provide a narrative review on the application of ML to the field of LT, highlighting strengths and pitfalls, and future perspectives (Table 2).

# Predicting mortality while awaiting LT

Initially developed only to predict mortality in cirrhotic patients undergoing trans-jugular intrahepatic portosystemic shunting, the Model for End-Stage Liver Disease (MELD) score has become a reliable tool for estimating 3-month mortality for "standard" patients with endstage liver disease [12,13]. It has consequently been introduced in many LT programs around the world as



Figure 1 Trend of citations on PubMed regarding artificial intelligence and machine learning applied in medicine, gastroenterology and hepatology between 2000 and 2020.

the main tool for organ allocation, leading to a significant reduction in waiting list mortality [14]. The MELD score is less accurate, however, in capturing the prognosis for particular conditions, like refractory ascites or hepatocellular carcinoma—which commonly characterize cirrhotic patients in need of a transplant—, or for sickest candidates [15].

ML has shown promise in making the short-term prognosis for patients awaiting a transplant more reliable. Bertsimas et al. [16] developed a model using ML with optimal classification trees (Table 1) to predict mortality or waiting list removal in cirrhotic patients listed for LT. Using data from waitlisted patients between 2002 and 2016 in the USA, they developed an optimized prediction of mortality score, which was subsequently run in a liver simulated allocation model; it was able to predict 3-month mortality better than MELD-Na scores (AUC 0.859 vs. 0.841) or Match-MELD scores (AUC 0.859 vs. 0.823). Importantly, prediction accuracy differed between the new model and MELD-Na especially among the sickest candidates and was proven to save on average at least 418 more lives per year when compared with the currently adopted, MELD-based system.

Cucchetti et al. [17] further examined this topic by constructing an artificial neural network (ANN), a brain-inspired model that resembles that of biological neurons. During the learning phase, the network adjusts the weights (e.g., strengths of the synapses of the virtual neuron), increasing the predictive ability (Table 1). The ANN model was designed to predict 3-month outcome in 251 Italian patients and 137 English patients waiting for a transplant between 1999 and 2003, and included ten biochemical parameters, that are commonly recorded at time of waiting list registration. Although the two cohorts (internal and external validation sets) differed slightly regarding indications to LT or severity of underlying liver disease (their mean MELD scores were 16.7 for the Italian cohort and 14.7 for the English patients), the ANN performed better than the MELD score in predicting 3-months mortality in both groups (internal training cohort, ANN vs. MELD AUC [95% CI]: 0.98 [0.94–0.99] vs. 0.86 [0.80–0.91];  $P = 0.002$ ; internal validation cohort, ANN vs. MELD AUC [95% CI]: 0.95  $[0.86-0.99]$  vs. 0.85  $[0.74-0.96]$ ;  $P = 0.032$ ; external cohort, ANN vs. MELD AUC [95% CI]: 0.96  $[0.91-0.98]$  vs. 0.86  $[0.79-0.91]$ ;  $P = 0.04$ ).





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ML-based models have been used to predict survival in noncirrhotic patients awaiting a transplant as well. In a proof-of-concept study, Speiser et al. [18] showed that ML could adequately predict day-by-day outcome in patients with acetaminophen-induced acute liver failure (ALF). The Authors included 1042 patients with ALF between 1998 and 2016, and divided them in a training and an internal dataset. Identifying as the primary endpoint the occurrence of encephalopathy within the first 7 days of hospitalization, the study showed that extensions or variants of random forest (Table 1) accurately predicted patient outcomes. The best accuracy was provided by the binary mixed model tree in the training dataset [AUC: 0.907 (95% CI 0.894–0.918)], and by binary mixed model tree and support vector machine (Table 1) in the validation dataset (AUCs equal to 0.907 and 0.927; respectively), even if an external validation was not provided.

An ANN-based model was applied to 54 pediatric patients with ALF, too, showing a good prognostic accuracy when compared with the commonly used scores (ANN vs. MELD-PELD peak score ≥42 AUC: 0.96 vs. 0.86), but the small sample size and the wide study period (over 10 years) prevented any robust conclusions from being drawn [19].

In summary, few studies are currently available on the role of ML in predicting outcomes in candidates for LT. Some interesting results have emerged for patients with cirrhosis, with preliminary models showing a similar—or perhaps better—predictive accuracy than the commonly used scores. This would theoretically be of great interest for the purposes of organ allocation, but deserve further exploration, especially among patients with ALF and pediatric populations. Moreover, the absence of external validation for many of available studies may represent another pitfall in the interpretation of currently published results.

# Optimizing organ allocation and improving post-LT short-term survival

The rationale behind organ allocation systems is to maximize the use of available organs and reduce the mortality of patients on the waiting list [20,21]. Theoretically, organ allocation may be driven by three important principles: urgency (allocation to the patient estimated to have the shortest survival without a transplant); utility (allocation to the patient estimated to have the longest post-transplant survival); or transplant benefit (allocation based on the difference between the mean survival estimates with and without a transplant). Despite several efforts, a unified and standardized international model has yet to be adopted. This is partly due to significant ethical and socio-cultural differences around the world [22,23], and also because only about 25% of patients undergo "benchmark" transplantations, with a wide variability across centers [24,25]. Therefore, a model that can perform well for one population may be less appropriate for others.

Most LT programs adopting an urgency-based allocation algorithm rely on a purely biochemical system based on the MELD score, or subsequent revisions [14,26]. In utility-based organ allocation systems, the MELD score is not a reliable tool because it is a weak predictor of post-LT mortality. In this setting, where appropriate donor–recipient pairing is important in order to improve outcomes, several scores, which consider the characteristics of donors [27], or both donors and recipients [28,29] have been developed. Even if such scores derive from objective factors that are readily available at time of organ allocation, whether posttransplant outcome can be predicted from just a handful of variables remains debatable.

Briceño et al. [30] applied ML to the complex scenario of organ allocation, combining 57 donor-, recipient-, or surgery-related variables in an ANN model. Using the outcomes of 1003 patients who received a graft in Spain between 2007 and 2008, they showed that the ANN model was more accurate than commonly used logistic regression models in predicting 3-month graft survival (ANN vs. MELD AUC: 0.80 vs. 0.50,  $P = 0.001$ ) and graft loss (ANN vs. MELD AUC: 0.82 vs. 0.41;  $P = 0.001$ ) for each donor-to-recipient pair. This better accuracy was confirmed also after comparing the ML model with above-mentioned scores [28,29] (graft survival: ANN vs. balance of risk AUC 0.80 vs. 0.67;  $P = 0.001$ ; graft loss: ANN vs. balance of risk AUC: 0.82 vs. 61;  $P = 0.001$ ).

This model was further validated in an English cohort of 858 patients who underwent LT between 2002 and 2010 (patients with HCC were ruled out) [31]. Its accuracy in predicting 3- and 12-month graft survival (ANN AUC: 0.94 and 0.78, respectively) and graft loss (ANN AUC: 0.94 and 0.82, respectively) was significantly better than that of the commonly used scores, being balance of risk the second-best score (3- and 12 month graft survival AUC: 0.84 and 0.71, respectively). The model also seemed to perform better than in the training cohort, probably due to differences between the two cohorts' baseline characteristics.

Another experience in this field came from Australia, where two ML-based models were developed to predict early graft survival, considering the characteristics of 180 deceased donor LT recipients transplanted between 2010 and 2015 [32]. The models included 15 of 276 baseline donor and recipient variables, and exhibited a good accuracy in predicting graft failure at 1 month (random forest AUC [95% CI] 0.818 [0.812–0.824]; ANN AUC [95% CI]: 0.835 [0.831–0.840], respectively), in a better way than other scores obtained with logistic regression analyses (Donor risk index [27] AUC [95% CI] 0.680 [0.669–0.690]; SOFT score AUC [95% CI]: 0.638 [0.632–0.645], respectively).

Several studies attempted to apply ML to the prediction of graft and/or patient survival at 3 months, obtaining suboptimal results in terms of accuracy [33– 35]. This might be because donor variables could influence the early post-transplant phase more than in subsequent months (when complications unrelated to the liver might also occur). Although these studies demonstrated that ML-based models were more accurate than commonly adopted scores, the gain was often not clinically relevant. In the study by Lau et al. [32], for instance, the model previously applied for prediction of 30-day graft failure provided a less accurate prediction when the endpoint was the 90-day outcome [random forests and ANN AUCs (92% CI): 0.715 (0.705–0.724) and 0.559 (0.548–0.569), respectively].

In summary, ML will presumably be a useful tool for improving organ allocation and predicting short-term graft and patient survival in the next future. Nevertheless, the available studies provided information on patients transplanted over a broad period of time, with different liver disease etiologies and involving different donors from those being managed in the future. Therefore, the applicability of ML-based prognostics to current or future LT cohorts remains to be seen.

# Predicting post-LT long-term outcome and post-LT complications

Long-term outcome after solid organ transplantation is even more difficult to predict than in the early posttransplant period because it may also be influenced by conditions unrelated to the graft, such as infections, malignancies and metabolic or cardiovascular diseases [36,37]. Khosravi et al. [38] used an ANN-based model to predict long-term outcome (beyond one year after LT) in 1168 patients >2 years old who underwent LT (10.7% were cases of living donor LT) between 2008 and 2013. The most accurate model included 16 of 37 baseline predictors (five recipient characteristics, 10 intra or postoperative variables, and chronic rejection),

and afforded an accurate prognosis on patient survival between 1 and 5 years after LT [AUC (standard error): 0.864 (0.043)], similar to what was retrieved by the "standard" Cox's proportional hazards model [AUC (standard error) 0.806 (0.067)].

More results are available on the use of ML to foresee commonly encountered complications after LT. Hughes et al. [39] applied an ANN model to predict acute rejection early after LT in 117 adult recipients, using biochemical characteristics (ALT, bilirubin and their dynamic course) and timing since LT. The model showed a good accuracy [AUC (95% CI) 0.902 (0.861– 0.944)], even if results might be interpreted with caution, since seven episodes of acute rejection were not biopsy-proven, the liver disease etiologies were heterogeneous, and there were some cases of re-LT. Nevertheless, this was an important proof-of-concept study for larger future investigations.

Hepatocellular carcinoma (HCC) recurrence has been demonstrated in 6–18% of patients after LT, with a significant impact on patient survival [40]. Composite models of HCC recurrence, considering morphological, clinical and biochemical characteristics, have been proposed with a view to optimizing post-LT surveillance, stratifying patients' risk and tailoring their immunosuppressant therapy [41]. Marsh et al. [42] developed an ANN model for predicting HCC recurrence at 1, 2, and 3 years post-LT, based on five risk factors (sex, tumor number, size and intrahepatic distribution, and grade of vascular invasion) retrieved from 178 LT recipients. The ML model allowed to stratify patients into three groups with different risk of recurrence, in order to theoretically deserve a tailored postoperative surveillance. The same group adopted the previously developed ANN model in combination with tissue genotyping for microsatellite mutations or deletions in 103 explanted livers with HCC [43]. This combination increased by 15% the predictive accuracy of ANN regarding post-LT HCC recurrence (88% vs. 71%). The results were externally validated by Rodriguez-Luna et al. [44] in a small cohort of patients transplanted between 1992 and 2002 in another American LT Center. The Author confirmed that this composite model correctly predicted post-LT HCC recurrence in 17/19 (89.5%) patients.

Some innovative results have come from the application of ML regarding metabolic or renal complications after LT. A study by Lee et al. [45] investigated the probability of postoperative acute kidney injury (defined as a maximal change in serum creatinine level during the first two days after surgery). According to their findings, ML-based model performed better than the

standard statistical logistic regression model [random forest vs. logistic regression analysis: AUC (95% CI): 0.61 (0.56–0.66) vs. 0.85 (0.81–0.89);  $P \le 0.001$ ], and showed that cold ischemia time and intraoperative mixed venous oxygen saturation were the most important variables associated with renal dysfunction. The inclusion of both living and deceased donor transplants, and the small number of cases considered should be taken into account when interpreting their findings, however.

A further study conducted at by Bhat et al. [46] explored the probability of new-onset diabetes after LT in a large cohort of patients coming from the US transplant registry. The Authors demonstrated that a highperformance random forest model was able to predict diabetes in 88% patients within a year after their transplant. The risk of new-onset diabetes rose by 33% when sirolimus was used instead of tacrolimus. The model also showed that diabetes carried a 55% higher risk of death at 10 years.

In summary, ML is attracting attention as an innovative tool for predicting long-term post-LT complications. ML models may pave the way to a personalized post-transplant follow-up, taking individual pre- and post-LT features into account. Many of the above-mentioned studies are proofs of concept, so their preliminary results need to be further explored and confirmed. More research is needed in the prediction of long-term follow-up after transplantation.

#### Conclusions and future perspectives

As in other fields of Medicine and Gastroenterology and Hepatology, ML will probably influence the clinical setting of LT in the near future. ML modeling of LT datasets could improve prognostic accuracy, and the applicability of the model's predictions to new cases. It could also facilitate the selection of the most influential predictors from among the numerous variables commonly collected from donors and recipients. This would aid clinicians in many settings, both before and after surgery, improving patients' outcomes and quality of life, and fostering a personalized follow-up.

Several topics pertaining to the field of decompensated cirrhosis will probably be further explored using ML, such as the clinical course of acute-on-chronic liver failure, or ALF, bacterial infections, recurrence of variceal bleeding or hepatic encephalopathy. This will be helpful when it comes to considering a patient for a transplant. We can also expect a further refinement of prognostics at the time of surgery to be achieved by





exploring the use of extended-criteria donors or grafts retrieved from donors after circulatory death. Moreover, it would be useful to be able to predict disease recurrence (in cases of cholestatic and autoimmune disease), tumor recurrence, or de novo cancers, also to improve the management of immunosuppression (as already seen in kidney transplant recipients) and patient adherence [47–51] (Table 3).

The data produced by ML models should nonetheless be interpreted with caution. Some models are unable to shed light on the real contribution of a given factor, or reveal how changing a given variable will affect the model. It is also still unclear whether the accuracy of some models is reproducible in cohorts with different characteristics. It is worth noting that the number and type of donor and/or recipient variables used across studies, as well as the types of ML model, differ significantly, so the results of these studies are not comparable with one another. Finally, one caveat of ML modeling lies in the difficulty of interpreting the output of some of the models used to analyze transplantation datasets (such as ANNs and random forests). Other already available models derived from regression analyses, as MELD score formula in organ allocation, may still offer more readily interpretable decision-making rules that can be incorporated in the clinical decision-making process.

Finally, although ML can make accurate predictions, it is ultimately up to health care workers to make decisions based on their patient's characteristics, clinical condition, and expectations [3,52]. This is particularly important in the setting of organ transplantation, where issues of ethics and justice are of the utmost importance and cannot be categorized as mere computational variables. Transplantation is not just about installing spare parts, like a puzzle, and the human mind will retain a leading role in this process [53].

## Funding

The authors have declared no funding.

# Conflict of interest

The authors have declared no conflicts of interest.

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